



FLORIDA DEPARTMENT OF HEALTH IN MIAMI-DADE COUNTY  
SCHOOL HEALTH PROGRAM  
HEALTH HISTORY AND CONSENT - CARDIAC CONDITION

Student: \_\_\_\_\_ DOB: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_  
School: \_\_\_\_\_ Parent/Guardian & Phone(s): \_\_\_\_\_  
Physician & Phone: \_\_\_\_\_ School Year: \_\_\_\_\_  
KNOWN ALLERGIES: \_\_\_\_\_

Dear Parent/Guardian:

School records or medical information indicates your child has a cardiac condition. In order to attend to your child's health and safety, the school requires a health history. Please return this form to the nurse as soon as possible. It will become part of your child's confidential school health record. Our primary concern is that your child's healthcare needs are met while in school.

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Date

1. What type of cardiac condition does your child have? (☒ **all that apply**)  
☐ Aortic stenosis   ☐ Coarctation of the aorta   ☐ Congestive heart failure   ☐ Hypertension   ☐ Murmur   ☐ Septal defect  
☐ Patent ductus arteriosus   ☐ Rheumatic heart disease   ☐ Tetralogy of fallot   ☐ Transposition of the great arteries  
☐ Cardiac Surgery – Type \_\_\_\_\_ When? \_\_\_\_\_  
☐ Other (Specify) \_\_\_\_\_
2. Your child's signs and symptoms of a cardiac episode are: (☒ **all that apply**)  
☐ Chest tightness or pain   ☐ Shortness of breath or difficulty breathing   ☐ Tires easily   ☐ Irritability  
☐ Paleness of skin   ☐ Fainting or dizziness   ☐ Blue or gray color around mouth, lips, or fingernails  
☐ Other \_\_\_\_\_
3. How often does your child have symptoms? \_\_\_\_\_  
When was the last time? (Month/Year) \_\_\_\_\_
4. Has your child ever been hospitalized?   ☐ No   ☐ Yes   if yes, when: (Month/Year) \_\_\_\_\_
5. Please list the medications your child takes for his/her cardiac condition daily:  

Name of Medication	Dosage	Time
_____		
6. Does your child take any **other** medications?  

Name of Medication	Dosage	Time
_____		
7. List any side effects your child experiences from the above medication(s)? \_\_\_\_\_
8. Does your child have any activity or dietary restrictions?   ☐ No   ☐ Yes (**Doctor's letter is required if activity is limited**)  
Be specific: \_\_\_\_\_
9. Self Care (Please circle responses)  

a. Is your student able to monitor their symptoms and report changes?	No	Yes
b. Does your student:		
1. Know what medication to take	No	Yes
2. Know what activity/dietary limitations	No	Yes
3. Tell an adult immediately, if not feeling well	No	Yes
4. Wear a medical alert bracelet, necklace, or watchband	No	Yes

**CONSENT**

Please circle your response and sign: (I do / I do not) give the School Nurse my permission to share information relevant to my child's medical status with school staff on a "need to know" basis, if she/he determines that this information is necessary to assure my child's health and safety.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_