

GIVE YOUR FAMILY A HEALTHY START

**RAISING A FAMILY CAN BE CHALLENGING.
MIAMI-DADE WIC IS HERE TO HELP.**

WIC offers a variety of services designed to help you and your family live a healthy life.

HOW CAN WIC HELP MY FAMILY?

- Personalized nutrition counseling.
- Breastfeeding support and education.
- Free, healthy food.
- Health care referrals.

HOW TO APPLY?

Call 786-336-1300 to schedule your WIC appointment at any of the 15 WIC locations in Miami-Dade County.

WHO IS ELIGIBLE?

- Pregnant women.
- Women breastfeeding an infant up to the infant's first birthday.
- Postpartum women up to six months after delivery or end of pregnancy.
- Infants and children up to their fifth birthday.

We welcome migrant families, fathers, supportive partners, military families, foster parents and legal guardians with eligible children.

Applicants must live in Florida and be income-eligible. Legal residency or citizenship is NOT required to participate in the Florida WIC Program.

FOR MORE INFORMATION VISIT US AT MIAMIDAEWIC.ORG

MIAMIDAEWIC.ORG



WIC APPOINTMENTS

786-336-1300

BREASTFEEDING HELPLINE

786-336-1336

MIAMIDAEWIC.ORG

Download the Florida WIC App

Available in the Apple Store and Google Play.

- ✓ Check Appointments
- ✓ View Food Benefits
- ✓ Upload Documents
- ✓ UPC Scan
- ✓ WIC Locations and more...

This institution is an equal opportunity provider.



FLORIDA DEPARTMENT OF HEALTH IN MIAMI-DADE COUNTY 2025 WIC PROGRAM LOCATIONS AND CONTACT INFORMATION

TO MAKE A WIC APPOINTMENT:

Phone: 786-336-1300

Mon-Fri: 7:15 a.m. – 5 p.m.

FOR BREASTFEEDING HELP:

Phone: 786-336-1336

Available 24/7: Monday-Friday, 8 a.m. – 5 p.m., live agent. Voicemail answered nights, weekends and holidays

MIAMI-DADE WIC OFFERS APPOINTMENTS IN-PERSON AND VIRTUALLY (FOR SELECT SERVICES). PLEASE CONTACT US TO FIND OUT YOUR ELIGIBILITY AND OPTIONS.

HOMESTEAD/FLORIDA CITY WIC CENTER

753 West Palm Drive
Florida City, FL 33034

Mon-Fri: 8 a.m. – 5 p.m.

Phone: 305-242-2459

WEST DADE WIC CENTER

11865 S.W. 26th St.,

Unit # J-6

Miami, FL 33175

Mon-Fri: 7 a.m. – 5 p.m.

Phone: 305-225-5921

**New location coming soon*

HIALEAH WEST WIC CENTER

551 W. 51st Place, 3rd FL
Hialeah, FL 33012

Mon-Fri: 7 a.m. – 5 p.m.

Phone: 305-364-3119

PERRINE WIC CENTER

18255 Homestead Ave.,
Perrine, FL 33157

Mon-Fri: 7:30 a.m. – 4:30 p.m.

Phone: 305-278-1090

FREDERICA WILSON & JUANITA MANN WIC CENTER

2520 N.W. 75th St.,

Miami, FL 33147

Mon-Fri: 7:30 a.m. – 5 p.m.

Phone: 305-694-2935

CAROL CITY WIC CENTER

Las Villas Plaza

4737 N.W. 183rd St.,

Carol City, FL 33055

Mon-Fri: 7:30 a.m. – 5 p.m.

Phone: 305-628-7294

GOULDS WIC CENTER

10300 S.W. 216th St.,
Goulds, FL 33190

Tues-Fri: 8 a.m. – 5 p.m.

Phone: 305-252-4459

UNITY WIC CENTER

1490 N.W. 27th Ave., 2nd FL

Miami, FL 33125

Mon-Fri: 7:30 a.m. – 4:30 p.m.

Phone: 305-637-2294

LITTLE RIVER WIC CENTER

300 N.E. 80th Terrace

Miami, FL 33138

Mon-Fri: 8 a.m. – 5 p.m.

Phone: 305-795-2010

SOUTH MIAMI WIC CENTER

6601 S.W. 62nd Ave.,

South Miami, FL 33143

Tues-Fri: 7:30 a.m. – 4:30 p.m.

Phone: 305-669-6922

UNIVERSITY WIC CENTER

11865 S.W. 26th St.,

Unit # J-6

Miami, FL 33175

Mon-Fri: 7:30 a.m. – 4:30 p.m.

Phone: 305-222-4155

**New location coming soon*

RAFAEL PENALVER WIC CENTER

971 N.W. 2nd St.,

Miami, FL 33128

Mon-Fri: 7:30 a.m. – 4:30 p.m.

Phone: 305-545-6032

NARANJA COMMUNITY HEALTH WIC CENTER

13805 S.W. 264th St.,

Naranja, FL 33032

Tues - Fri: 8:30 a.m. – 5 p.m.

Phone: 305-257-0720

JACKSON MEMORIAL HOSPITAL WIC CENTER

Park Plaza West Garage, G-101

1611 N.W. 12th Ave.,

Miami, FL 33136

Mon-Fri: 8 a.m. – 5 p.m.

Phone: 786-336-7935

NORTH MIAMI BEACH WIC CENTER

16855 NE 2nd Ave., Suite 205

Miami, FL 33162

Mon-Fri: 7:30 a.m. – 5 p.m.

Phone: 305-787-0511

MIAMI-DADE WIC IS HERE TO HELP.

HEALTHY FOOD | NUTRITION COUNSELING | BREASTFEEDING EDUCATION | REFERRALS

VISIT US AT [MIAMIDAEWIC.ORG](https://miamidadewic.org)



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