

Florida Department of Health in Miami-Dade County

July 2021 Vol 22, Issue 7

## Public Health LOOK OUT!

- National Immunization Awareness Month is observed in August to recognize the importance of vaccination among individuals of all age groups. Vaccination throughout childhood is vital for developing immunity against life-threatening diseases before potential exposure and ensures children have a healthy start in life. This is especially important as we continue to fight the burden of the COVID-19 pandemic with the use of safe and effective vaccines. We all have the power to protect ourselves and loved ones from vaccine-preventable diseases. As we approach the start of a new school year, it is important to stay up to date with routine vaccination. Visit to learn more about childhood and adolescent recommendations here!
- National Health Center Week is celebrated on August 8<sup>th</sup>-14<sup>th</sup> to raise awareness on the essential role that health centers have in our communities. Community health centers provide a multitude of services to the community including preventive and primary health care, mental health and support, behavioral health, and chronic illness management. These health centers fill in the gap of access to health care for many underserved communities, aiding in the effort to improve quality of life for all and fortify the foundation of a strong community. THANK YOU for making a difference! Visit to learn more about NHCW.
- International Overdose Awareness Day is observed on August 31<sup>st</sup> to raise awareness on the tragedy of drug overdose, a highly preventable outcome. This occasion provides an opportunity to remember loved ones who have lost their lives to drug overdose and end the stigma on drug overdose-related loss of life. Visit overdoseday.com to learn more about this day of commemoration.

For the most recent information on COVID-19 in Florida please visit: https://floridahealthcovid19.gov/

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# You chose COVID-19 vaccine!

Sign up now for personalized health check-ins through the v-safe mobile app.



## V-safe's text messaging and web surveys can help you after you're vaccinated.

With v-safe, you can quickly tell the CDC if you have any side effects. V-safe will also remind you to get your second dose if you need one. Personal information in v-safe is protected so it stays confidential and private. V-safe does not provide medical advice.

For more information, visit vsafe.cdc.gov or aim your smartphone's camera at the code.



### You might have some side effects after getting the shot.

Side effects are normal signs that your body is building protection. They should go away in a few days.



#### COMMON SIDE EFFECTS

- On the arm where you got the shot: pain and swelling.
- The rest of your body: fever, chills, tiredness and headache.



#### WHEN TO CALL YOUR HEALTH CARE PROVIDER

- If redness or tenderness where you got the shot increases after 24 hours.
- If your side effects are worrying you or don't seem to be going away after a few days.



#### FLORIDA'S CALL CENTER IS AVAILABLE 24/7

If you're concerned about a possible side effect, call 1-866-779-6121 and press 3 to speak to a medical professional.



Online: vaers.hhs.gov/index Or call: 1-800-822-7967

## If you've had a severe side effect, please contact VAERS.

The Vaccine Adverse Event Reporting System (VAERS) is an early-warning system that detects problems possibly related to vaccines. VAERS doesn't provide medical advice but collects reports about severe side effects. Reporting to VAERS helps your community. Anyone can submit a report to VAERS: patients, health care providers, vaccine manufacturers, and family and friends. Health care providers are required by law to report certain side effects.



MiamiDade@FLHealth.gov • 305-324-2400

FloridaHealthCOVID19.gov

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## What to Expect after Getting a COVID-19 Vaccine

The COVID-19 shot may cause side effects in some people. Side effects should go away in a few days.

#### COMMON SIDE EFFECTS

#### On the arm where you got the shot:

- Pain
- Redness
- Swelling

#### In the rest of your body:

- Fever
- HeadacheMuscle pain
- Chills

Tiredness

Nausea



#### Ask the facility healthcare provider (or facility staff) for help if:

- The redness or pain where you got the shot gets worse after 24 hours
- · Your side effects are worrying you
- · Your side effects do not seem to be going away after a few days



#### **HELPFUL TIPS**

If you have pain, headache, or fever, ask a healthcare provider (or facility staff) if you can have medicine.

#### If you are sore where you got the shot:

- · Apply a clean, cool, wet washcloth over the area
- · Use or move your arm gently

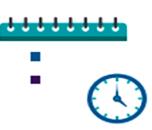
#### If you have a fever:

- · Drink a lot of water
- · Get plenty of rest
- · Dress lightly



#### REMEMBER

Side effects may make you feel a little sick or even make it hard to do daily activities, but they should go away in a few days. Some COVID-19 vaccines need 2 shots to work. You should get the second shot even if you have side effects after the first shot, unless a doctor tells you not to. COVID-19 vaccines may not fully protect you until a week or two after your final shot. It takes time for your body to build protection after any vaccination.



Even after your COVID-19 vaccination, it's important to continue wearing your mask, try to stay at least 6 feet away from others as much as possible, and wash your hands often.



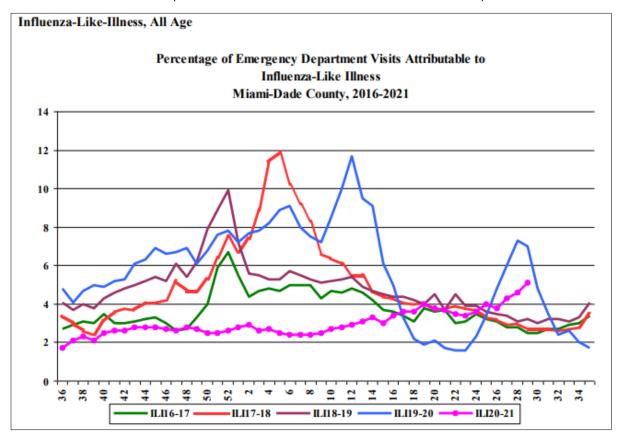
cdc.gov/coronavirus

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# Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

#### Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2020-2021 data is compared to the previous 4 influenza seasons (2016-2017, 2017-2018, 2018-2019, 2019-2020).



Across all ages, there were 38,991 ED visits; among them 1,999 (5.1%) were ILI. During the same week last year, 7.0% of ED visits were ILI.

# PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation free
  of charge.

For more information, please contact **Stephanie Calle** at 305-470-5660.



# Miami-Dade County Monthly Report Select Reportable Disease/Conditions June 2021

Diseases/Conditions	2021 Current Month	2021 Year to Date	2020 Year to Date	2019 Year to Date
HIV/AIDS				
AIDS*	45	209	166	216
HIV	157	661	547	769
STD	_			
Infectious Syphilis*	69	308	217	230
Chlam ydia*	1204	7014	5226	7327
Gonorrhea*	581	3116	1826	2285
<b>TB</b> Tuberculosis**	11	50	41	68
Epidemiology, Disease Control & Immunization Services				
Epidemiology				
Campylobacteriosis	51	271	257	428
Chikungunya Fever	0	1	0	0
Ciguatera Poisoning	2	3	5	24
Cryptosporidiosis	5	24	12	28
Cyclosporiasis	0	3	2	3
Dengue Fever	0	1	10	28
Escherichia coli, Shiga Toxin-Producing	17	41	33	62
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	5	48	61	84
Influenza, Pediatric Death	0	0	0	0
Legionellosis	0	20	13	28
Leptospirosis	0	1	0	0
Listeriosis	1	4	3	1
Lyme disease	0	0	3	0
Malaria	0	1	2	3
Meningitis (except aseptic)	1	8	4	4
Meningococcal Disease	0	3	2	2
Salmonella serotype Typhy (Typhoid Fever)	0	0	0	0
Salmonellosis	85	322	315	355
Shigellosis	7	31	73	139
Pneumoniae, invasive disease	7	19	34	10
Vibriosis	9	11	2	10
West Nile Fever	0	0	3	0
Zika Virus (non-congenital)	0	0	0	14
Immunization Preventable Diseases				
Measles	0	0	0	0
Mumps	0	2	1	18
Pertussis	0	0	8	14
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	4	8	24	60
Hepatitis	-	-	<del>-</del> -	
Hepatitis A	0	4	8	22
Hepatitis B (Acute)	2	6	31	13
Healthy Homes	_	-		
Lead Poisoning	12	46	37	68
Leau Foisoilling	14	40	31	90

<sup>\*</sup>Data is provisional at the county level and is subject to edit checks by state and federal agencies.

Data on EDC-IS includes Confirmed and Probable cases.

<sup>\*\*</sup> Data on tuberculosis are provisional at the county level.

# Minority Mental Health Awareness Month

Here are some ways you can help destigmatize mental health:





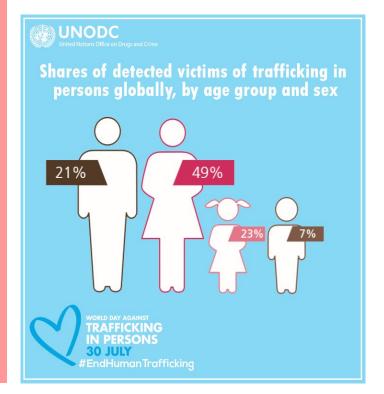


### What's New at DOH-Miami-Dade:

- To find the nearest vaccine site near you by county and city please visit: <u>floridahealth-covid19.gov</u>
- To pre-register for a vaccine and receive updates visit: <u>myvaccine.fl.gov</u>. Qualified individuals will receive notifications when vaccines are available in their area and receive assistance in scheduling an appointment.
- For more information on vaccines in Florida including the number of people vaccinated and updates on availability and prioritization please visit: floridahealthcovid19.gov

# To report diseases and for information, call EDC-IS at:

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550



#### **About the Epi Monthly Report**

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Yoselin Garcia at (786) 582-2266 or Yoselin.Garcia@flhealth.gov.

