



## Asthma Individualized Healthcare Plan (IHCP)

Student: \_\_\_\_\_ ID#: \_\_\_\_\_ DOB: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ School Year: \_\_\_\_\_

Student's Secondary Health Concerns: \_\_\_\_\_

**Nursing Diagnoses:** Knowledge Deficit Related to Disease Management & Prescribed Treatment Regimen (NANDA 00126)  
 Ineffective Airway Clearance (NANDA 00031)

**Student Goal(s):** Student Will Demonstrate Understanding of the Disease Process and Management  
 Student will Maintain Effective Airway Clearance

**Ratings: 1- No Knowledge, 2- Limited, 3- Moderate, 4- Substantial, 5- Extensive Knowledge (Circle One)**

Date: \_\_\_\_\_ Date: \_\_\_\_\_ Date: \_\_\_\_\_ Date: \_\_\_\_\_

**Student Knowledge: Disease Process**

Able to Describe Common Signs & Symptoms of the Disease	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Able to Describe Cause , Contributing Factors and triggers.	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Describe Potential Complication of Disease	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Verbalizes Lifestyle Changes that may be Required to Prevent Future Complications and/or Control the Disease Process	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

**Student Knowledge: Asthma Management**

Knowledge of Treatment Regimen & compliance	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Knows Importance of Continual Access to inhaler	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Verbalizes understanding on when to Use Prescribed Medication	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Knows When to Seek Medical Attention/Emergency Treatment	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Understands treatment effectiveness	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Routinely monitor expiration date	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

**Medication Administration**

Identification & Correct Name of Medication	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Correct Use of Prescribed Medication (Correct Dose, Time, Route)	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Able to Verbalize Medication Side Effects	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Performance & Evaluation of Procedure	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Confidence Performing Needed Task	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

**Ratings: 1- Severely Compromised, 2- Substantially, 3- Moderately, 4- Mildly, 5- Not Compromised, N/A- Not Applicable (Circle One)**

**Student Health Status**

Physical Health	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Mental Health	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
School Attendance	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Readiness to Learn	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Participation In Physical Activities	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Healthy Dietary Habits	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

<b>Completed by:</b>	<b>Completed by:</b>	<b>Completed by:</b>	<b>Completed by:</b>
<b>Nurse's Signature:</b>	<b>Nurse's Signature:</b>	<b>Nurse's Signature:</b>	<b>Nurse's Signature:</b>

**Additional Notes:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**Florida Miami Dade DOH School Health Program  
Roles & Responsibilities: Asthma**

Student: \_\_\_\_\_ ID#: \_\_\_\_\_  
 Grade: \_\_\_\_\_ DOB: \_\_\_\_\_ Teacher: \_\_\_\_\_  
 Parent/Guardian Name(s) \_\_\_\_\_ School Year: \_\_\_\_\_

School Responsibilities/Agreements	Family Responsibilities/Agreements	Student Responsibilities/Agreements
1. Medication & Supplies Kept: Circle below where applicable- Clinic Main Office Classroom Student Book Bag Other: _____	1. Provide medication & supplies for school site. Pick up and replace any expired medication. Med Name & Exp. Date: _____ Med Name & Exp. Date: _____	1. Report any early signs/symptoms of asthma to school staff.
2. UAP to administer medications per MDCPS training (review action plan, recognize symptoms & respond): _____ _____	2. Keep school staff informed of any changes in student condition, medications and updated emergency contact information. Any change in medication regimen requires new medication forms.	2. If applicable, carry asthma medication as directed by physician.
3. Staff to contact 911/Parent/Guardian in case of an emergency: <u>Administration</u>	3. Available to accompany student on field trip and carry asthma medication.	3. Demonstrate competence in the use of asthma medication.
3. Staff to direct EMS to the emergency: <u>Administration &amp; Security</u>	4. If applicable, check student is carrying asthma medication as directed by physician.	
4. CPR certified staff: _____ _____	5. Pick up any unused medication at the end of the school year.	
5. Security/Teacher to carry school two-way radio and/or have emergency intercom access		
6. Substitute Teacher Instructions: <u>Copy of Action Plan on Lesson Plan</u>		

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Principal or School Administration Designee Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Date



School Health Program

Student Asthma Checklist

Student Name: \_\_\_\_\_ ID#: \_\_\_\_\_

School Nurse: \_\_\_\_\_ Date: \_\_\_\_\_

The student has demonstrated understanding and competency consistently to:

Table with 4 columns: SKILLS, YES, NO, COMMENTS. Rows include skills like 'Identify asthma triggers', 'Identify signs and symptoms of asthma episode or early distress', 'State knowledge of medication', 'Understands the importance to alert staff of poor response to self-administered medication', and 'State the need to call 9-1-1'.

The student agrees to follow the safety precautions with medication compliancy and report any signs distress.

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent Name/Signature \_\_\_\_\_ Date \_\_\_\_\_

I hereby acknowledge that the student listed above has demonstrated all the above listed skills.

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

Review Dates: \_\_\_\_\_



## Asthma Skills Checklist for Delegation to Unlicensed Assistive Personnel (UAP)

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Person Trained: \_\_\_\_\_ Position: \_\_\_\_\_

School Nurse: \_\_\_\_\_ School Year: \_\_\_\_\_

**Instructions:** Place an X over entire area of Medication/Equipment not applicable to student  
 Ratings: Y- Yes, N- No, N/A- Not Applicable (Circle One)

### Training & Return

Demo Date

Monitoring Date

Monitoring Date

#### Metered-Dose Inhaler (MDI)/Autohaler

	Y	N	N/A	Y	N	N/A	Y	N	N/A
Identifies & States Name of MDI									
States the Purpose for use of MDI									
States Symptoms of Asthma Attack									
States Location of Medication & Emergency Care Plan									
Follows procedure for use of MDI									
Identifies and correct problems with technique									
Assesses response to medication									
Responds appropriately to poor response to medication									

#### Valved Chamber/Spacer

Identifies & States Name of Spacer	Y	N	N/A	Y	N	N/A	Y	N	N/A
Follows procedure for assembly of inhaler with spacer									
States the Purpose for use of Spacer									
Identifies and correct problems with technique									

#### Compressor/Nebulizer/Inhalation Solution

Identifies & States Name of Inhalation Solution/Nebulizer	Y	N	N/A	Y	N	N/A	Y	N	N/A
States the Purpose for use of Inhalation Solution/Nebulizer									
Follows procedure for assembly of Nebulizer									
States Symptoms of Asthma Attack/Need for Medication									
States Location of Medication & Emergency Care Plan									
Follows procedure for use of Inhalation Solution/Nebulizer									
Identifies and correct problems with technique									
Assesses response to medication									
Responds appropriately to poor response to medication									

Nurse's Signature	Nurse's Signature	Nurse's Signature
_____	_____	_____
UAP Signature	UAP Signature	UAP Signature
_____	_____	_____



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Person Trained: \_\_\_\_\_ Position: \_\_\_\_\_

School Nurse: \_\_\_\_\_ School Year: \_\_\_\_\_

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Nurse's Signature	Nurse's Signature	Nurse's Signature
_____	_____	_____
UAP Signature	UAP Signature	UAP Signature
_____	_____	_____

**8020 & 8080**  
**Child-Specific Training for School Staff**

**School: \_**

**Student: \_**

**Date: \_**

**ID # \_**

**DOB: \_**

**Health Condition: \_**

Teacher Name	Subject	Signature	Level 2	Level 3

School Nurse: \_