# ADD/ADHD Individualized Healthcare Plan (IHCP)



| Student:   |      | ID#:     |  |
|------------|------|----------|--|
| Grade:     | DOB: | Teacher: |  |
| Allergies: |      |          |  |

Student's Secondary Health Concerns:

Nursing Diagnosis: Knowledge Deficit Related to ADD/ADHD Disease Management & Prescribed Treatment Regimen (NANDA 00126)

Impaired social interaction related to impulsive behavior (NANDA 00052)

**Student Goal**: Student Will Demonstrate Understanding of the Disease Process and Management.

Student will display appropriate behavior.

#### Ratings: 1- No Knowledge, 2- Limited, 3- Moderate, 4- Substantial, 5- Extensive Knowledge, N/A- Not Applicable (Circle One)

|   | Dat       | e: |   |   |   |     | Date | e: |   |   |   |     | Dat | te: |   |   |   |     | _Da | te: |   |   |   |     |
|---|-----------|----|---|---|---|-----|------|----|---|---|---|-----|-----|-----|---|---|---|-----|-----|-----|---|---|---|-----|
| Student Knowledge: Social Interaction S   | kills     |    |   |   |   |     |      |    |   |   |   |     |     |     |   |   |   |     |     |     |   |   |   |     |
| Student cooperates well with others   | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student exhibits consideration  | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student uses assertive behaviors as appropriate   | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Uses conflict resolution strategies   | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student knowledge: Benavior Manager<br>Student uses problem solving skills                    | lent<br>1 | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student Knowledge: Behavior Managem   | ent       |    |   |   |   |     |      |    |   |   |   |     |     |     |   |   |   |     |     |     |   |   |   |     |
| Student expresses feelings in an  | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| appropriate manner<br>Student refrains from arguing or<br>bargaining about established limits | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student able to stay on task  | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student controls impulsivity  | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |
| Student keeps hand to self  | 1         | 2  | 3 | 4 | 5 | N/A | 1    | 2  | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A | 1   | 2   | 3 | 4 | 5 | N/A |

#### Student Knowledge: Medication Administration

| Identification & Correct Name of<br>Medication                      | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A |
|---|---|---|---|---|---|-----|---|---|---|---|---|-----|---|---|---|---|---|-----|---|---|---|---|---|-----|
| Correct Use of Prescribed Medication<br>(Correct Dose, Time, Route) | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A |
| Able to Verbalize known therapeutic<br>effect of the medication     | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A |
| Able to Verbalize Medication Side<br>Effects                        | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A |

Ratings: 1- Severely Compromised, 2- Substantially, 3- Moderately, 4- Mildly, 5- Not Compromised, N/A- Not Applicable (Circle One)

#### **RN Assessment of Student Health Status**

| Physical Health                      | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |
|--------------------------------------|---|---|---|---|---|-----|---|---|---|---|---|-----|---|---|---|---|---|-----|---|---|---|---|-------|
| Mental Health                        | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |
| School Attendance                    | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |
| Readiness to Learn                   | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |
| Participation In Physical Activities | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |
| Healthy Dietary Habits               | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 | N/A | 1 | 2 | 3 | 4 | 5 N/A |

| Completed by:      | Completed by:      | Completed by:      | Completed by:      |
|--------------------|--------------------|--------------------|--------------------|
|                    |                    |                    |                    |
| Nurse's Signature: | Nurse's Signature: | Nurse's Signature: | Nurse's Signature: |
|                    |                    |                    |                    |

### \*Emergency Action Plan Available in Medication Binder, UAP & Student Checklists Completed by RN

Additional Notes: \_\_\_\_\_



## Florida Miami Dade DOH School Health Program Roles & Responsibilities: ADD/ADHD

| Student:   |               |          | ID#:         | _ |
|------------|---------------|----------|--------------|---|
| Grade:     | DOB:          | Teacher: |              |   |
| Parent/Gua | rdian Name(s) |          | School Year: |   |

| School   | Family   | Student   |
|--|--|---|
| Responsibilities/Agreements  | <b>Responsibilities/Agreements</b>   | Responsibilities/Agreements                                   |
| 1. ADD/ADHD Medication Kept:<br>Circle below where applicable-<br>Clinic<br>Main Office<br>Classroom | 1. Provide medication for school site.<br>Pick up and replace any expired<br>medication<br>Med Name & Exp. Date:   | 1. Report to clinic and take medications at appropriate time. |
| Other:   | Med Name & Exp. Date:  |   |
| 2. UAP to administer medications per MDCPS<br>training:  | 2. Keep school staff informed of any<br>changes in student condition,<br>medications and updated emergency<br>contact information. Any change in<br>medication regimen requires new<br>medication forms. | 2. Communicate needs as appropriate.                          |
| 3. CPR certified staff:  | 3. Available to accompany student on field trip and carry the ADD/ADHD medication.   |   |
| <ol> <li>Substitute Teacher Instructions: <u>on Lesson</u><br/><u>Plan</u></li> </ol>                | 4. Pick up any unused medication at the end of the school year.  |   |
|  |  |   |
|  |  |   |
|  |  |   |
|  |  |   |
|  |  |   |

Parent/Guardian Signature

Principal or School Administration Designee Name

School Nurse

Date

Date

Date