December 6, 2024

DOH-Miami-Dade and the Consortium for a Healthier Miami-Dade Host the 5th Annual Bounty of Health Event

Florida HEALTH Miami-Dade County

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Miami, Fla. – As the holidays are approaching, residents can enjoy a day full of health and wellness activities during the 5th Annual Bounty of Health event hosted by the Florida Department of Health in Miami-Dade County (DOH-Miami-Dade) and the Consortium for a Healthier Miami-Dade on Friday, December 13, 2024.

The event will be held from 10 a.m. to 2 p.m. at the following location:

West Perrine Health Center 18255 Homestead Ave. Miami. FL 33157

This year's event will focus on health and wellness, highlighting the importance of nutrition and healthy lifestyles. Attendees will have the opportunity to enjoy a day filled with health education and health screenings, food distribution, and giveaways. The event and all activities are free and open to the community on a first come, first served basis.

"Our goal is to encourage the community to live a happier and healthier life by achieving their best optimal health," said **Dr. Yesenia Villalta, DNP, MSN, APRN, Administrator/Health Officer of DOH-Miami-Dade**. "We are excited to be able to host this event that will truly benefit the community and help them take care of themselves and their families. We encourage the community to join us and enjoy all available activities."

For more information about the 5th Annual Bounty of Health event, please call 786-278-0442 or visit <u>Healthymiamidade.org/bounty-of-health</u>.

About the Florida Department of Health

The Department, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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