

DOH-Miami-Dade Observes Revive Awareness Day

Contact:

Office of Communication 786-336-1276

Miami, Fla. — The Florida Department of Health in Miami-Dade County (DOH-Miami-Dade) observes Revive Awareness Day on **Thursday, June 6, 2024**, and reminds residents that naloxone (Narcan) is a medication that can reverse the effects of an opioid overdose. Floridians can find naloxone for their community through ISsaecEl.com or by calling DOH-Miami-Dade at 305-324-2400.

DOH-Miami-Dade offers naloxone (Narcan) at the following locations:

Health District Center 1350 NW 14th St. Miami, FL 33125 Little Haiti Health Center 300 NE 80th Terrace Miami, FL 33138

West Perrine Health Center 18255 Homestead Ave. Miami, FL 33157 West Dade Health Center 11865 SW 26th St. J2 Miami, FL 33175

Florida City Clinic 1600 NW 6th Court Homestead, FL 33034

Signs of an Overdose

All Floridians need to know the signs of an overdose, which include:

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak, or not breathing
- Choking or gurgling sounds
- Cold or clammy skin
- Discolored skin, especially lips and nails
- Limp body

What to Do if You Think Someone is Overdosing

If you suspect someone has overdosed, call 911 immediately.

Administer naloxone (Narcan) if available, lay the person on their side to prevent choking, and try to keep them awake and breathing until emergency assistance arrives.

What is the HEROS Program?

The Florida Department of Health's Helping Emergency Responders Obtain Support (HEROS) program provides naloxone to emergency response agencies throughout the state. Any Florida agency that employs licensed emergency responders may apply to the HEROS program online.

If You or a Loved One Need Help

The **Coordinated Opioid Recovery (CORE) Network** is the first of its kind in the U.S. and aims to eliminate the stigma of addiction and treat substance use disorder as a disease, with the same level of continuous care. Floridians battling with addiction can utilize CORE for stabilization and to receive medication assisted treatment from a network of specialized medical experts that will help guide them on a sustained pathway to healthy success. Evidence shows medication-assisted treatment (MAT) reduces the risk of fatal overdose by over 50% and supports long-term sobriety. The CORE Network has placed nearly 50% of opioid use disorder patients on MAT. The national average is less than 20%.

To find help and resources, please visit the CORE Network website.

Spearheaded by First Lady Casey DeSantis, "The Facts. Your Future." campaign focuses on supporting students statewide to ensure they receive prevention instruction and encouragement to protect and maintain their health, avoid substance misuse, and discourage risky behaviors so they can thrive and flourish for life. This campaign is an interactive approach to ensure students are informed and can make safe decisions as they grow.

To find more information, please visit "The Facts. Your Future." website.

A <u>public health and safety alert</u> was also deployed by the Florida Department of Health on July 8, 2022, to ensure Floridians remain vigilant of the signs of overdose. <u>Poster materials</u> are available.

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About the Florida Department of Health

The Department, nationally accredited by the Public Health Accreditation Board, works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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