## DOH-Miami-Dade to Host Free Blood Pressure Screening Events in February

Contact:

Communications Office 786-336-1276



**Miami, Fla.** — The Florida Department of Health in Miami-Dade County (DOH-Miami-Dade) invites the community to attend free blood pressure screening events at the following two sites (no pre-registration is required):

Every Thursday in February from 9:30 – 11:30 a.m. at:

Frederica Wilson and Juanita Mann Health Center 2520 NW 75 St. Miami, FL 33147

Every Friday in February from 9:30 - 11:30 a.m. at:

West Perrine Health Center 18255 Homestead Ave. Miami, FL 33157

February is recognized as American Heart Month, a time to increase heart disease awareness and promote prevention and treatment in the community. DOH-Miami-Dade encourages all Floridians to adopt a lifestyle which promotes heart health and well-being, including maintaining healthy cholesterol levels, adding physical activity into your weekly schedule, and eating nutritious foods that compliment a healthy cardiovascular system. Nationally, as well as for Florida, more people die each year from heart disease than from any other cause.

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The Department, nationally accredited by the Public Health Accreditation Board, works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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