

**October 9, 2023**

**Contact:**

Communications Office  
786-336-1276



## **RECOGNITION OF LOCAL TOBACCO FREE PARKS AND BEACHES**

**Miami, Fla. –** Tobacco Free Florida in Miami-Dade County congratulates the City of Miami Beach, City of Hialeah, City of Coral Gables, City of Miami, and Miami-Dade County in adopting a tobacco free parks and/or beaches ordinance. Tobacco Free parks and beaches safeguard the health of our children, support those aiming to overcome tobacco addiction, and keep our community clean.

Tobacco free spaces support our community in many ways. They improve health by providing fewer opportunities for youth to start smoking<sup>1,2</sup> and reduce secondhand smoke exposure.<sup>3</sup> These policies also help lower cigarette litter,<sup>4</sup> encourage people to make healthy choices, and increase quit attempts.<sup>5,6,7</sup>

Tobacco Free Florida in Miami-Dade County remains dedicated to supporting these communities in their tobacco free endeavors. If you're interested in learning more about these benefits for your municipality, Tobacco Free Florida can help. Contact Tobacco Free Florida in Miami-Dade County to learn more at 305-278-0442.

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### **About Tobacco Free Florida**

The Florida Department of Health's Tobacco Free Florida campaign is a statewide cessation and prevention campaign funded by Florida's tobacco settlement fund. Since the program began in 2007, more than 289,000 Floridians have successfully quit using one of Tobacco Free Florida's free tools and services. There are now approximately 451,000 fewer adult smokers in Florida than there was 10 years ago, and the state has saved \$17.7 billion in health care costs.<sup>8</sup> To learn more about Tobacco Free Florida's Quit Your Way services, visit [www.tobaccofreeflorida.com](http://www.tobaccofreeflorida.com) or follow the campaign on Facebook at [www.facebook.com/TobaccoFreeFlorida](https://www.facebook.com/TobaccoFreeFlorida) or on Twitter at [www.twitter.com/tobaccofreefla](https://www.twitter.com/tobaccofreefla).

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- <sup>1</sup> U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006. [accessed August 4, 2020].
- <sup>2</sup> Siegel M, Albers AB, Cheng DM, Biener L, Rigotti NA. Local Restaurant Smoking Regulations and the Adolescent Smoking Initiation Process: Results of a Multilevel Contextual Analysis Among Massachusetts Youth. *Archives of Pediatric and Adolescent Medicine* 2008;162(5):477–83. [accessed August 4, 2020].
- <sup>3</sup> U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006. [accessed August 4, 2020].
- <sup>4</sup> U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006. [accessed August 4, 2020].
- <sup>5</sup> U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006. [accessed August 4, 2020].
- <sup>6</sup> Hopkins DP, Razi S, Leeks KD, Priva Kalra G, Chattopadhyay SK, Soler RE, et al. Task Force on Community Preventive Services. Smoke-Free Policies to Reduce Tobacco Use: A Systematic Review. *American Journal of Preventive Medicine* 2010;38(2 Suppl):S275–89. [accessed August 4, 2020].
- <sup>7</sup> International Agency for Research on Cancer (IARC). IARC Handbooks of Cancer Prevention, Tobacco Control, Volume 13: - Evaluating the Effectiveness of Smoke-Free PoliciesCdc-pdf External Lyon, France: WHO, 2009. [accessed August 4, 2020].
- <sup>8</sup> Mann, Nathan M, Nonnemaker, James M., Thompson, Jesse. "Smoking-Attributable Health Care Costs in Florida and Potential Health Care Cost Savings Associated with Reductions in Adult Smoking Prevalence." 2016.