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**Baptist Health**

**Healthy West Kendall**

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## **2021 CONSORTIUM FOR A HEALTHIER MIAMI-DADE ANNUAL EVENT AND AWARDS CEREMONY TO INCLUDE THE FLORIDA WORKSITE WELLNESS AWARDS**

**Miami, FL** – The Consortium for a Healthier Miami-Dade County will be hosting the **2021 Annual Event and Awards Ceremony** virtually which will include the **Florida Worksite Wellness Awards** on Friday, October 1, 2021. The combined event will highlight the initiatives promoted by the Consortium and its partners, as well as, recognize the important strides that local businesses have made in improving employee health and well-being. This year we are celebrating Fall into Healthy Habits.

Event: Consortium Annual Event & Awards Ceremony  
Location: Virtual Meeting Platform  
Date: Friday, October 1, 2021  
Time: 10:00am-12:00pm

The event will recognize the work of the Consortium members and committees as well as Florida businesses that have demonstrated workplace wellness programs and whose employees have achieved positive health outcomes. The event provides community members from diverse backgrounds with a unique opportunity to come together in an effort to reflect, analyze, develop, and advance strategies to increase the health of the Miami-Dade community. For this year's theme "Fall Into Healthy Habits", attendees will have the exciting opportunity to learn from national leaders in the field of public health, learn best practices on how organizations are promoting healthier lifestyles in their workforce and how to achieve health equity in their communities.

At this year's event, we will have two keynote speakers. Dr. Marissa Levine, a professor of the Practice Pathway, from the University of South Florida, College of Public Health. She will be discussing health equity and how to leverage community partnerships to improve Public Health. Dr. Isaac Prilleltensky, former dean of the school of education and human development at the University of Miami, where he currently serves as Professor of Educational and Psychological Studies and Vice Provost for Institutional Culture. He will be discussing the importance of mindfulness and wellbeing in the workplace.

In the area of public health, one agency alone cannot do it alone; however, through transparent and integrative collaboration, the Consortium's vision of a healthy environment, healthy lifestyles and a healthy community for all Miami-Dade County residents and visitors can be fulfilled.

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rates of chronic disease in the community. The goals of the Consortium are to:

- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.

The Consortium is guided by the goals and objectives established in Healthy People 2030. It is comprised of over 400 organizations, all united by the common belief that through collaboration and prevention-focused initiatives, Miami-Dade County residents can live longer, healthier, and happier.

The 2021 Annual Event and Awards Ceremony is in part being sponsored by West Kendall Baptist Hospital, one of the many partners of the Consortium for a Healthier Miami-Dade.

*The event is open to the community with a \$25.00 registration fee. To register and learn more, please [click here](#).*

For additional information on the event, please visit <https://www.healthymiamidade.org/annual-event-and-award-ceremony/> or contact 305-278-0442.

### **About the Florida Department of Health**

The Department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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