

# Pool Safety

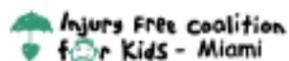


- Drowning is the #1 cause of death for children ages 1 to 4.
- Almost 75% occurred in swimming pools.
- More than 1 out of 3 cases did not receive CPR until medical help arrived.

For every child that drowns, 4 more are hospitalized or go to the ER for injuries from nearly drowning

## Safety Tips

- Pools need an isolating 4-sided fence, at least 4 feet high.
- Homes should have at least 3 barriers to the pool, such as child-proof door locks, fencing, and alarms.
- While swimming, a supervising adult should be within one arm's reach of a child and ALL attention should be on the child.



Data from Miami-Dade County Injury Surveillance System, Drowning and near drowning, age 0-4 years, 2000-2006

See other side for more safety tips

# Safety Tips



- During pool parties, always designate a supervising adult and switch the responsibility every 15-20 minutes.
- NEVER even for a moment leave children alone or in the care of another child while in or near water.
- Swimming lessons will not provide "drown proofing" for children of any age.
- Swimming toys, like water wings and floats, are not life preservers.
- Keep a phone and Coast Guard-approved rescue equipment at poolside.
- Learn CPR (cardiopulmonary resuscitation).



## RESOURCES FOR POOL SAFETY

American Red Cross:  
(305) 644-1200 / [www.miamiredcross.org](http://www.miamiredcross.org)  
Injury Free - Miami:  
(305) 243-3928 / [www.jhsmiami.org/injuryfree](http://www.jhsmiami.org/injuryfree)  
American Academy of Pediatrics: [www.aap.org](http://www.aap.org)

Produced by the Miami-Dade County Injury Surveillance System (305) 243-5847