

Burn Safety



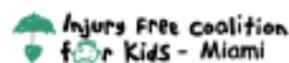
Young children have thin, delicate skin and can get seriously burned more easily than adults.

- Children ages 1 – 4 are nearly 3 times more likely than other ages to get a major burn needing medical attention.

- Hot liquids caused 89% of burns.

Burn Prevention Tips

- Never leave a child alone in the kitchen or bathroom.
- Use the back burners on the stove and turn pot handles out of the reach of children.
- Avoid carrying hot liquids or food near your child.
- Do not allow children near hot appliances, like stoves, barbecue grills, heaters or curling irons.



Data from the Miami-Dade County Medical Examiner Reviews, 2005

See other side for more safety tips

Safety Tips



- Test the temperature of heated food before serving to a child.
- Never warm a bottle in the microwave. It can heat unevenly and may scald a child's mouth.
- Make sure your water heater is set no higher than 120° F (49° C). Contact with hotter water for just one second may cause serious burns.
- Before putting your child in the bath, test the temperature of the water on your inner wrist.
- Keep children covered while in the sun, and keep reapplying sunscreen to prevent sunburns.
- Store matches and lighters out of reach of children



RESOURCES FOR BURN SAFETY:

Injury Free - Miami:
(305) 243-3928 / www.jhsmiami.org/injuryfree
American Academy of Pediatrics: www.aap.org
Burn Institute: www.burninstitute.org

Produced by the Miami-Dade County Injury Surveillance System (305) 243-5847