



Public Health LOOK OUT!

- January is **Cervical Health Awareness Month**. Each year, approximately 13,000 women are diagnosed with cervical cancer, a highly preventable disease. This month is dedicated to raising awareness on the importance of cervical health, with an emphasis on preventive measures such as Human Papillomavirus (HPV) testing, vaccination, and pap smear screening. For more information on preventive services offered in the community, visit the Florida Department of Health in Miami Dade [webpage](#).
- **National Blood Donor Awareness Month** has been observed in January since 1970 to raise awareness and encourage individuals to donate blood and give the gift of life to those in need. Donating blood products is a meaningful way to improve community health and save lives. A decline in blood donation is often seen during winter months due to the busy holiday season and seasonal illnesses that may prevent potential donors from donating blood. To learn more on how blood donations help save lives and locate a donation site near you, visit the [American Red Cross](#).
- January is also **National Slavery and Human Trafficking Prevention Month**. Human trafficking can be seen in severe forms such as labor trafficking and sex trafficking, in which victims are compelled to work or engage in activities using force, fraud, or coercion. This public health concern affects communities nationally, as it has been reported in all 50 states. This month raises awareness on the severity of this public health burden and promotes resources on how to [recognize the signs](#) of trafficking and get help through the [National Human Trafficking Hotline](#).

For the most recent information on COVID-19 in Florida please visit:

<https://floridahealthcovid19.gov/>

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Click the image to the left to watch the video.

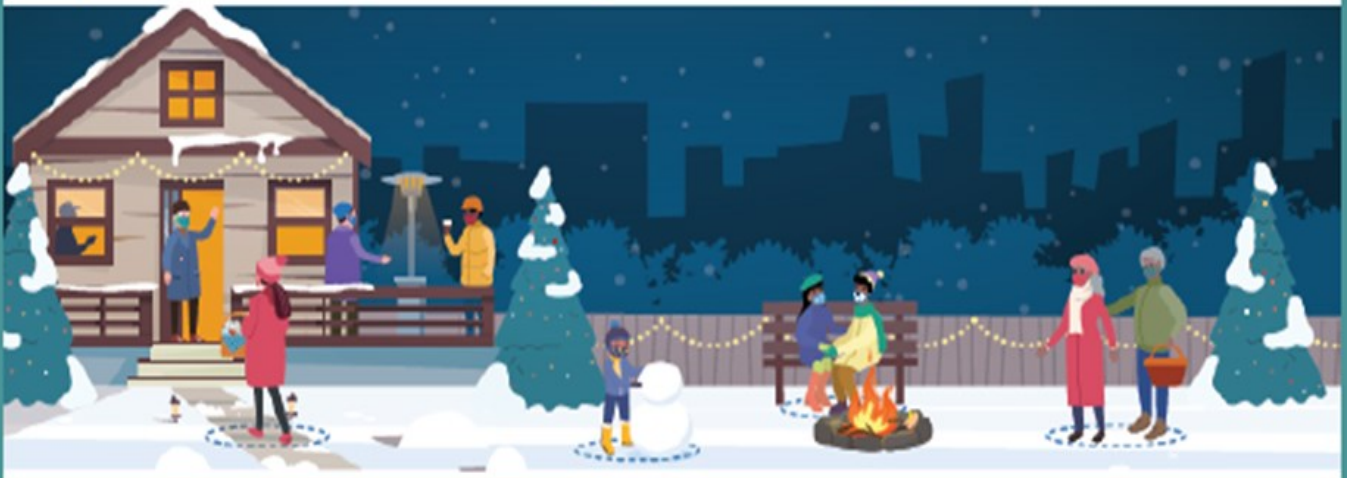
WE HAVE A NEW ADDRESS!

Florida Department of Health in Miami-Dade County
 Epidemiology, Disease Control, and Immunization Services
 1350 NW 14th St, Annex Building
 Miami, FL 33125
 Phone: 305-470-5660
 Fax: 305-470-5533
 eFax: 786-732-8714



Celebrating Winter Holidays

Accessible version: www.cdc.gov/coronavirus/2019-ncov/dh/tips/coping/holiday-winter.html#consider-other-activities



The safest way to celebrate is at home with people you live with.

Host a virtual celebration with friends and family

- Eat a meal together virtually and have people show their main dish, vegetable, or dessert.
- Host a virtual “ugly” holiday sweater contest.

Gather virtually for a gift exchange or other activity

- Meet virtually to open gifts together.
- Build gingerbread houses, decorate cookies, or make holiday crafts and decorations.



Decorate for the season

- Decorate or create a winter holiday scene and take family photos at home.
- View community decorations from a safe distance or drive through a local holiday light display.
- Make crafts, cards, or cookies to send or deliver to family, friends, and neighbors in a way that does not involve contact with others, such as mailing or leaving them at the door.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Throw a virtual dance party

- If your winter holiday traditions include music and dance, set aside time with loved ones to meet online to celebrate.
- Collaborate with friends and family on a holiday playlist.

Enjoy the winter weather, if you live somewhere with snow

- Hold a snowman or snow angel contest with neighbors or friends in your community.
- Build a snow fort or other snow structure.



Volunteer and help others in need

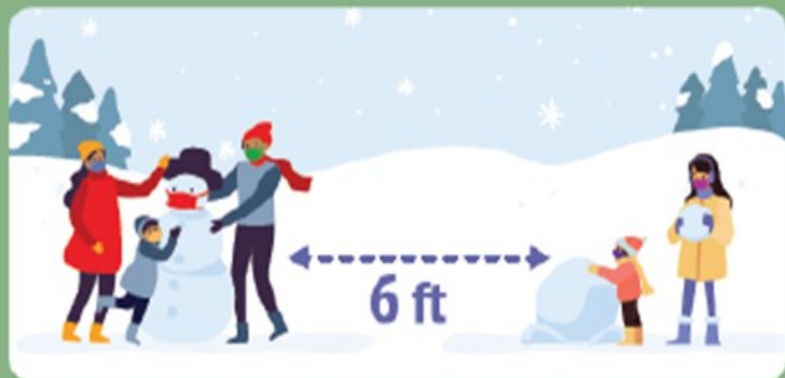
- Reach out to your local community service organizations to get involved and give back. Make sure to ask about their safety precautions in advance.
- Find virtual opportunities to contribute.

Attend a religious ceremony

- Attending virtual services is the safest way to worship.
- CDC offers considerations to help communities of faith decide how best to practice their beliefs while keeping their staff and congregations safe.

If your holiday traditions usually involve visiting Santa Claus, check local opportunities and know requirements for visiting safely.

- Schedule a virtual visit to the North Pole.
- Visit Santa Claus outside while wearing mask and staying 6 feet apart.
- If Santa Claus is staying indoors, he will likely be taking safety measures; you may be able to visit him through a plexiglass safety window.



cdc.gov/coronavirus



Floridians are working to slow the spread of COVID-19.

We can work together to protect our family members, friends, health workers, and our communities. The Healthy Together app delivers your results, assesses symptoms for positive cases, provides self service contact tracing, allows you to view latest trends, and learn what to do after you've been tested for COVID-19.

Healthy Together App Features



Access your results Use the app to securely view your COVID-19 test results.



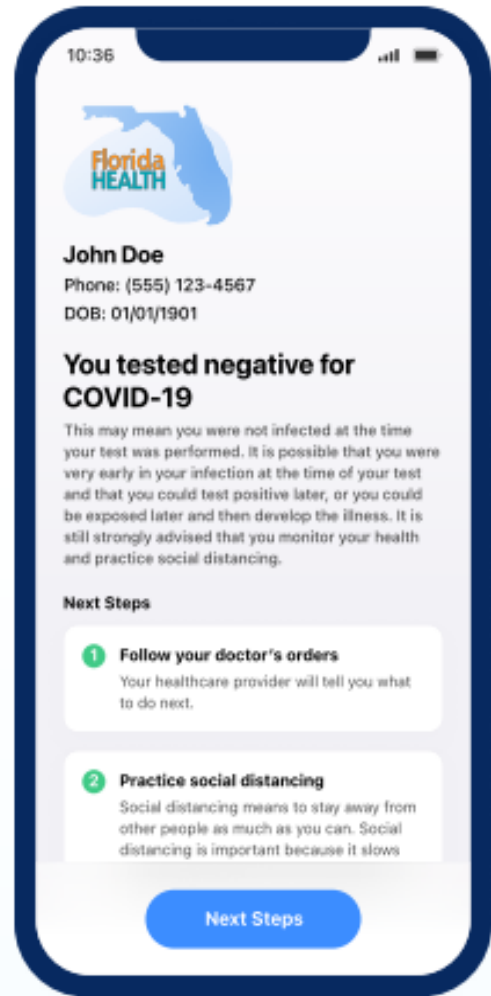
Provide symptoms and contacts Positive residents can provide symptoms to the state.



Learn what to do after you get tested Get your test results and instructions for care.



Latest Trends Direct link to the Florida COVID-19 dashboard.



Get the Healthy Together App



Users own their data and can delete the data at any time.

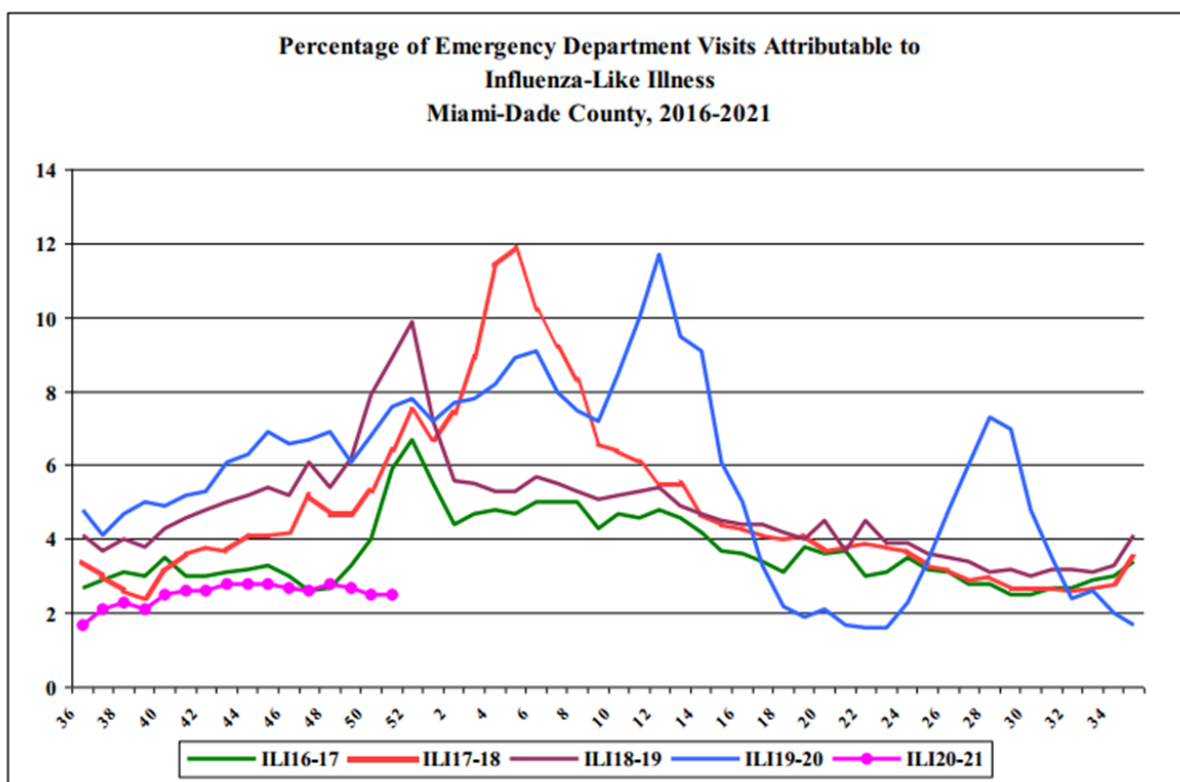
The use of your data is limited to COVID-19 response efforts. No location data will be ever collected and stored.

Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2020-2021 data is compared to the previous 4 influenza seasons (2016-2017, 2017-2018, 2018-2019, 2019-2020).

Influenza-Like-Illness, All Age



Across all ages, there were 33,115 ED visits; among them 837 (2.5%) were ILI. During the same week last year, 7.6% of ED visits were ILI.

PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact
Stephanie Calle at 305-470-5660.



Miami-Dade County Monthly Report

Select Reportable Disease/Conditions

November 2020

Diseases/Conditions	2020 Current Month	2020 Year to Date	2019 Year to Date	2018 Year to Date
HIV/AIDS				
AIDS*	20	295	403	383
HIV	72	878	1268	1188
STD				
Infectious Syphilis*	55	449	353	444
Chlamydia*	1057	10718	13736	12323
Gonorrhea*	486	4357	4379	3896
TB				
Tuberculosis**	5	64	106	110
Epidemiology, Disease Control & Immunization Services				
Epidemiology				
Campylobacteriosis	53	514	784	738
Chikungunya Fever	0	0	2	1
Ciguatera Poisoning	0	11	41	35
Cryptosporidiosis	7	27	68	41
Cyclosporiasis	0	9	26	0
Dengue Fever	1	20	213	29
Escherichia coli, Shiga Toxin-Producing	2	43	149	165
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	6	107	170	163
Influenza, Pediatric Death	0	0	0	0
Legionellosis	6	30	50	59
Leptospirosis	0	0	0	1
Listeriosis	0	9	5	5
Lyme disease	0	3	3	6
Malaria	0	2	4	11
Meningitis (except aseptic)	0	5	7	11
Meningococcal Disease	0	2	3	0
Salmonella serotype Typhi (Typhoid Fever)	0	0	3	4
Salmonellosis	97	789	934	792
Shigellosis	5	94	246	269
Streptococcus Pneumoniae, invasive disease	3	45	19	15
Vibriosis	2	16	18	6
West Nile Fever	0	27	0	0
Zika Virus (non-congenital)	0	0	24	30
Immunization Preventable Diseases				
Measles	0	0	0	3
Mumps	0	2	60	10
Pertussis	0	9	34	16
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	0	29	152	75
Hepatitis				
Hepatitis A	0	13	36	18
Hepatitis B (Acute)	2	37	26	46
Healthy Homes				
Lead Poisoning	4	81	122	173

*Data is provisional at the county level and is subject to edit checks by state and federal agencies.

** Data on tuberculosis are provisional at the county level.

Data on EDC-IS includes Confirmed and Probable cases.

Keep kids safe from drowning

Drowning happens when you least expect it.

In Florida, drowning is the #1 cause of preventable death in children 1-4 years of age.

To reduce the risk of drowning, utilize multiple layers of protection, be aware of and restrict unsupervised access to water sources such as pools, hot tubs, canals, ponds, ditches, bathtubs, toilets and more. Working while schooling children from home poses additional risks of drowning for young children due to increased distractions. Always be alert and aware of potential drowning risks.

SUPERVISE

Proper supervision is the most effective drowning prevention

- Know your surroundings and possible drowning risks to your child at home and when traveling
- Ensure young children are always supervised by a trusted caregiver
- Assign a Water Watcher and use touch-supervision anytime children are playing in or near water
- Never leave a child alone near water, even for a second

BARRIERS AND ALARMS

Utilize barriers to water access

- Install and maintain 4-foot pool fencing and self-closing, self-latching gates and doors
- Secure and lock all doors, windows and pet doors
- Install door chimes or alarms
- Routinely check for needed repairs to fencing, gates and barriers

DID YOU KNOW?

- While most child drowning incidents occur in a pool, nearly 70% of those children were not expected to be in the pool at that time
- Distracted caregivers are a primary factor in child drowning incidents
- Drowning happens without a sound
- All drowning incidents are preventable

BE PREPARED

- Seconds count! CPR training saves lives
- Water survival skills training and swim lessons can help reduce drowning risk for children between ages 1-4
- By their 4th birthday, most children are ready for swim lessons
- Swim lessons are not a replacement for supervision
- Make a family drowning prevention plan and ensure all family members know how to swim

IF A CHILD IS MISSING, ALWAYS CHECK THE WATER FIRST



In the News

- The CDC has launched a smartphone based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. [Learn more.](#)
- For facts about the COVID-19 vaccine please visit: the [CDC vaccine facts](#) page.

To report diseases and for information, call EDC-IS at:

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550

About the Epi Monthly Report

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Vanessa Villamil at 305-470-5643 or vanessa.villamil@flhealth.gov.

