



Epi Monthly

Florida Department of Health in Miami-Dade County

April 2020 Vol 21, Issue 4

Public Health LOOK OUT!

- May is American Stroke Month. Every 40 seconds someone in the United States has a stroke. Stroke is preventable through a healthy diet, healthy weight, and physical activity. Controlling other medical conditions can also help reduce the risk. For more information and prevention tools please visit: <https://www.cdc.gov/stroke/>.
- [World No Tobacco Day](#) is celebrated every year on May 31st. This years campaign will focus on empowering young people o become a tobacco-free generation.
- May is also Hepatitis Awareness Month and May 19th is Hepatitis Testing Day. Hepatitis is an inflammation of the liver, which is often caused by a virus. The most common are hepatitis A, hepatitis B, and hepatitis C. For more information please visit: <https://www.cdc.gov/hepatitis/awareness>.

For the most recent information on COVID-19 in Florida please visit:

<https://floridahealthcovid19.gov/>

In this Issue

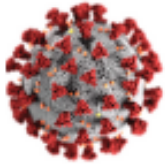
Public Health Lookout	1
COVID-19 Prevention and Guidance	2
EDC-IS Influenza Respiratory Illness Surveillance Report	4
Selected Reportable Disease and Conditions for March 2020	5
What's New at DOH Miami-Dade	6



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What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



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[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



3. **Get rest and stay hydrated.**



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



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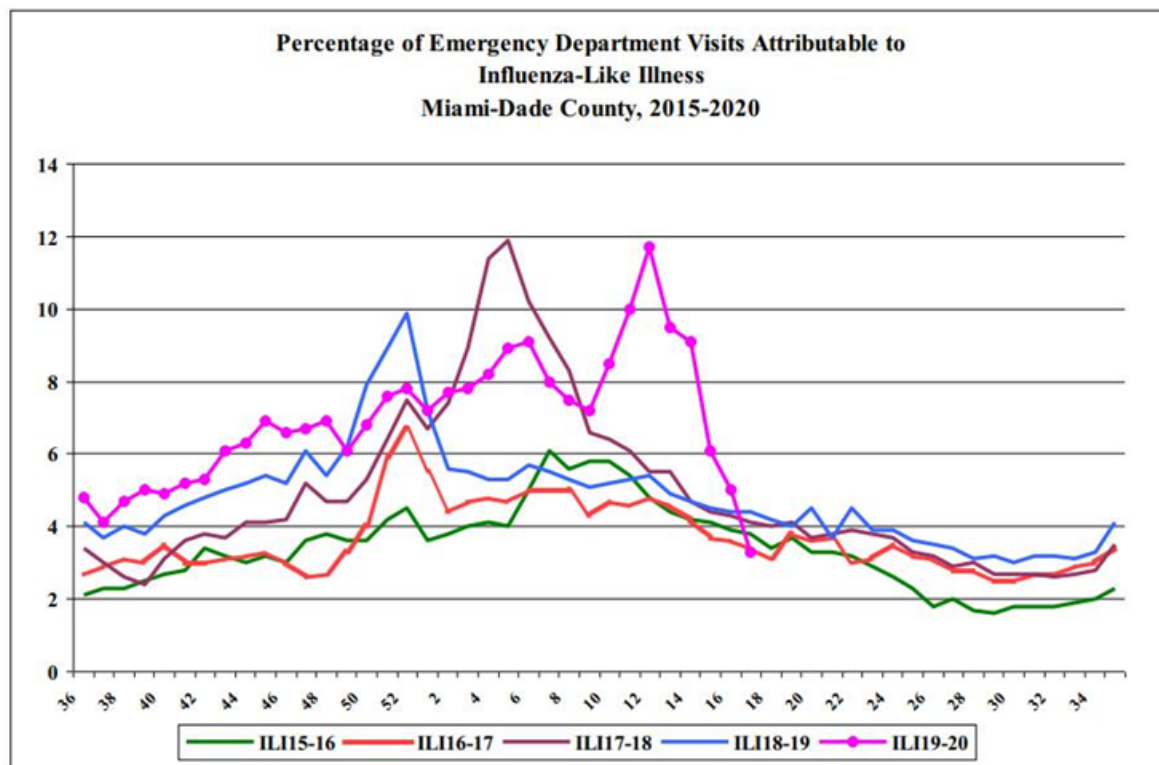
For more information: www.cdc.gov/COVID19
<https://tinyurl.com/u7oyx4s>

Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2019-2020 data is compared to the previous 4 influenza seasons (2015-2016, 2016-2017, 2017-2018, 2018-2019).

Influenza-Like-Illness, All Age



Across all ages, there were 14,623 ED visits; among them 475 (3.3%) were ILI. During the same week last year, 4.4% of ED visits were ILI.

PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact
Stephanie Calle at 305-470-5660.



Miami-Dade County Monthly Report Select Reportable Disease/Conditions March 2020

Diseases/Conditions	2020 Current Month	2020 Year to Date	2019 Year to Date	2018 Year to Date
HIV/AIDS				
AIDS*	26	86	166	117
HIV	117	305	539	375
STD				
Infectious Syphilis*	45	129	111	99
Chlamydia*	1216	3606	3521	3199
Gonorrhea*	425	1198	1090	1001
TB				
Tuberculosis**	8	27	27	26
Epidemiology, Disease Control & Immunization Services				
Epidemiology				
Campylobacteriosis	46	147	189	176
Chikungunya Fever	0	1	0	0
Ciguatera Poisoning	1	3	10	8
Cryptosporidiosis	2	9	10	7
Cyclosporiasis	0	1	0	0
Dengue Fever	2	7	14	1
Escherichia coli, Shiga Toxin-Producing	4	24	21	29
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	10	26	29	43
Influenza, Pediatric Death	0	0	0	1
Legionellosis	2	6	12	9
Leptospirosis	0	0	0	0
Listeriosis	2	2	0	1
Lyme disease	0	3	0	0
Malaria	0	2	2	4
Meningitis (except aseptic)	0	3	2	4
Meningococcal Disease	0	0	0	0
Salmonella serotype Typhi (Typhoid Fever)	0	0	1	1
Salmonellosis	43	143	118	98
Shigellosis	9	54	70	69
Streptococcus Pneumoniae, invasive disease	7	29	0	0
Vibriosis	0	2	3	0
West Nile Fever	0	0	0	0
Zika Virus (non-congenital)	0	0	8	10
Immunization Preventable Diseases				
Measles	0	0	0	0
Mumps	1	1	4	4
Pertussis	1	7	7	5
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	3	21	34	10
Hepatitis				
Hepatitis A	2	7	9	4
Hepatitis B (Acute)	5	15	3	6
Healthy Homes				
Lead Poisoning	13	30	33	50

*Data is provisional at the county level and is subject to edit checks by state and federal agencies.

** Data on tuberculosis are provisional at the county level.

Data on EDC-IS includes Confirmed and Probable cases.

What's New at DOH Miami-Dade

- All Florida Department of Health in Miami-Dade clinic services are [by appointment](#) only until further notice.
- The WIC program continues to provide services remotely via phone, email, mail, and fax. Some WIC centers remain open for clients that need to come in person. For more information and the latest updates please visit www.miamidadewc.org.

To report diseases and for information, call EDC-IS at:

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550

Did You Know?

There are various COVID-19 community-based [testing sites](#) across Miami-Dade County. The varying eligibility requirements and site location information is updated as the information becomes available. For more information please visit: miamidade.floridahealth.gov.

Learn the signs.



Face. Arms. Speech. Time to call 9-1-1.

The COVID-19 Call Center
is available 24/7
| 1 (866) 779-6121 |
COVID-19@flhealth.gov

About the Epi Monthly Report

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Vanessa Villamil at 305-470-5643 or vanessa.villamil@flhealth.gov.

