Miami-Dade County Health Department Epidemiology, Disease Control & Immunization Services (EDC-IS)

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## Outbreak of Gastrointestinal Illness Investigation at a Wedding in a Miami-Dade Hotel, December 2008

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### Background

On January 9th, 2009, Epidemiology, Disease Control and Immunization Services (EDC-IS) at the Miami-Dade County Health Department (MDCHD) received a report from the Department of Business and Professional Regulation (DBPR) regarding a potential outbreak on December 14, 2008. The outbreak took place at a wedding reception at a hotel in Miami-Dade County. Once rumors circulated that wedding guests were ill, one of the guests contacted DBPR. The wedding included over 140 local residents and invited guests from other states. The initial report stated that 40 of the guests became ill with gastroenteritis symptoms, which included vomiting, nausea, diarrhea and low fever within a span of 12 to72 hours. Therefore, an EDC-IS surveillance team took initiative to perform an epidemiologic investigation upon notification of this reported outbreak.

### Methods

Environmental investigation

On January 12, 2009, an environmental inspection was performed at the hotel by both the EDC-IS surveillance team and the DBPR to review potential violations.

#### Epidemiologic investigation

The wedding host provided contact information for 30 of the 40 ill attendees. A questionnaire was developed by the EDC-IS investigators using the hotel's wedding menu. The questionnaire consisted of 72 questions which included demographic, risk exposure and illness information. The exposure section of the questionnaire identified specific foods consumed at the facility by the wedding guests. Investigators obtained interviews with 16 of the 30 ill attendees. While interviewing the 30 ill attendees, investigators were able to elicit information about 4 other wedding attendees that experienced no symptoms. However, since those 4 controls are insufficient for data comparison to the cases, only information obtained from the 16 ill attendees was used to carry out the analysis. Epi Info software was used for data analysis.

#### Laboratory investigation

No stool samples or food samples were tested since the investigation took place three weeks from the event date of December 14, 2008.



## Inside this issue:

Outbreak of Gastrointestinal Illness Investigation at a Wedding in a Miami-Dade Hotel, December 2008

Outbreak of Gastrointestinal Illness Investigation at a Wedding in a Miami-Dade Hotel, December 2008

*Selected Notifiable Disease Reports, Historical data, April 2009* 

Avian Flu Watch

Monthly Report, Selected Reportable Diseases/ Conditions in April 2009

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www.dadehealth.org

#### Results

#### Environmental investigation

The hotel inspection visit on January 12, 2009 cited a number of critical violations, including a malfunctioning dishwasher that did not reach the proper temperature to properly clean dishes and utensils. It was also discovered that hotel kitchen employees handled ready to eat foods with bare hands. This practice can contaminate foods through the improper hand sanitation. Survival of pathogens is possible if dish washing equipment does not operate properly.

#### Epidemiologic investigation

After analyzing the questionnaires, it became apparent that the most common symptoms experienced by the ill cases were nausea (93.8%) and vomiting (81.3%), as shown in Table 1. The incubation period of this illness was between 12 to 72 hours and the duration of symptoms ranged from 24 to 72 hours.

Of the 16 ill attendees, 9 (56.3%) were females and 7 (43.7%) were males. The age range was between 20 to 69 years with a median of 60.The majority of the interviewed ill attendees consumed a wide variety of foods, wherein certain foods were at a higher percentage of consumption than others.

#### Laboratory investigation

There were no laboratory results because no samples were obtained.

#### **Conclusions and Recommendations**

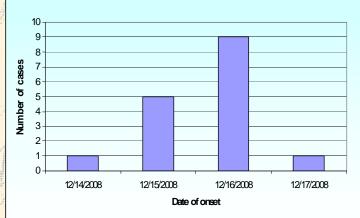
A gastroenteric illness outbreak occurred on December 14, 2008 at a wedding that took place at a hotel in Miami-Dade County. DBPR and EDC-IS investigated this outbreak to possibly identify the disease causing agent. This investigation had a number of limitations which prevented MDCHD from finding an association with a particular food or identifying a pathogen. Recall bias due to late reporting from the host of the wedding of the outbreak to DBPR and a low percentage of response from the attendees (20 of 140, 14.3%) both prevented the investigation to gather more cases and controls. In addition, the inability to obtain stool and food

samples prohibited investigators from identifying the specific pathogen. Due to the symptoms and incubation period occurring within 72 hours, a number of different pathogens, including Norovirus, can be suspected. Since there were critical violations observed at the hotel kitchen, the hotel could be a possible mode of transmission of pathogens that caused illness among the wedding attendees. MDCHD made recommendations to both the hotel and to the wedding attendees to prevent further spread of disease.

## Table 1. Symptoms reported by ill cases at a wedding, December 2008, Miami-Dade County (n = 16)

State President		Percent
Symptoms	Number (n)	(%)
Nausea	15	93.8
Vomiting	13	81.3
Diarrhea	12	75.0
Weakness	12	75.0
Abdominal pain	11	68.8
Chills	6	37.5
Fever	6	37.5
Headache	6	37.5
Dizziness	4	25.0

#### Epi Curve for Outbreak of Gastrointestinal Illness at a Wedding in a Miani-Dade County Hotel, December 2008



Volume 10. Issue 5 May 2009 Page 2

## 2009 May is...

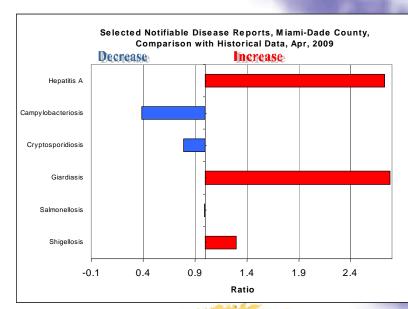
### Asthma and Allergy Awareness Month American Stroke Month Better Hearing and Speech Month Better Sleep Month Healthy Vision Month Clean Air Month

#### **Hepatitis Awareness Month**

Lupus Awareness Month Melanoma/Skin Cancer Detection and Prevention Month Lyme Disease Awareness Month National Amyotrophic Lateral Sclerosis Awareness Month Mental Health Month National Arthritis Awareness Month National Bike Month National Cancer Research Month National Celiac Disease Awareness Month National Neurofibromatosis Month National High Blood Pressure Education Month National Osteoporosis Awareness and Prevention Month National Physical Fitness and Sports Month National Toxic Encephalopathy and Chemical Injury Awareness Month National Teen Pregnancy Prevention Month **Older Americans Month** 

#### TO REPORT ANY DISEASE AND FOR INFORMATION CALL: Epidemiology, Disease Control & Immunization Services

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305-470-6877
305-470-5536
305-470-5660
.305-470-6999
.305-325-3242
.305-324-2470
.305-470-5660
.786-845-0550



## Hepatitis Awareness Month

Hepatitis means "inflammation of the liver", and the most common cause is infection with one of 5 viruses, called hepatitis A,B,C,D, and E. The Hepatitis Foundation International (HFI) is dedicated to the eradication of viral hepatitis, a disease affecting over 500 million people around the world. HFI provides education, training programs, and materials for the public, patients, health educators, and medical professionals.

For more information, please visit www.hepatitisfoundation.org

Volume 10. Issue 5 May 2009 Page 3

## AVIAN FLU WATCH Unless indicated, information is current as of May 2009



• Since 2003, there have been 429 human cases of avian influenza (H5N1) confirmed by the World Health Organization (WHO). Of these, 262cases have died. This means there is a 61% (262/429) fatality rate.

• **15 Countries with confirmed human cases** include Bangladesh, Cambodia, China, Djibouti, Indonesia, Thailand, Vietnam, Iraq, Azerbaijan, Egypt, Turkey, Nigeria, Pakistan, Myanmar, and Lao People's Democratic Republic .

• No human cases of avian influenza (H5N1) have

been reported in the United States.

• H5N1 has been confirmed in *birds* in several other countries since 2003. H5N1 has been documented in birds in more than 30 countries in Europe & Eurasia, South Asia, Africa, East Asia and the Pacific, and the Near East. For a list of these countries, visit the World Organization for Animal Health Web Site at :http://www.oie.int/downld/AVIAN%20INFLUENZA/A \_AI-Asia.htm.

• No restrictions on travel to affected countries have been imposed. Travelers should avoid contact with live poultry and monitor their health for ten days after returning from an affected country. SOURCES: WHO, OIE, CDC

## PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

# The Miami-Dade County Health Department NEEDS Influenza Sentinel Providers!!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes less than 30 minutes a week to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact Erin O'Connell at 305-470-5660.

## About the Epi Monthly Report

The Epi Monthly Report is a publication of the Miami-Dade County Health Department, Epidemiology, Disease Control & Immunization Services, The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, contact Lizbeth Londoño at 305-470-

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Volume 10. Issue 5 May 2009 Page 4

### Monthly Report Selected Reportable Diseases/Conditions in Miami-Dade County, April 2009

	2009	2009	2008	2007	2006	2005
Diseases/Conditions						
AIDS *Provisional	this Month 85	Year to Date 252	Year to Date 411	Year to Date 291	Year to Date 426	Year to Date
Campylobacteriosis	5	30	44	32	37	
Ciguatera Poisoning	0	30	5		0	
Cryptosporidiosis	1	6		9	5	
Cyclosporosis	0	0	4	0	0	
590000000				0	0	
Dengue Fever	1	3	1	1	0	
E. coli, 0157:H7	0	0	2	1	0	
E. coli, Non-0157	0	0	10	0	0	
Encephalitis (except WNV)	0	0	1	0	0	MARCE
Encephalitis, West Nile Virus	0	0	0	0	0	
Giardiasis, Acute	63	213	67	60	61	
Hepatitis A	8	22	12	11	. 12	in it was
lepatitis B	2	4	3		8	14. A.
W *Provisional	94	317	552	452	380	
nfluenza A (H5)	0	0	0	· 0	10	
nfluenza Isolates	0	0	0	. 0		
nfluenza Novel Strain	0	0	0	- 0	. 0	
nfluenza, Pediatric Death	0	0	0	0		
ead Poisoning	13	45	48	47	40	
egionnaire's Disease	1	4	3	1	þ	
eptospirosis	0	Ø	0	0	þ	
yme disease	0	0	0	0	0	
Aalaria	1	6	1	0	4	
Meastes	0	/0	• • 0	0	0	
Meningitis (except aseptic)	0	11 0	3	5	5	
Meningococcal Disease		1 . 10	Alles 3	3	7	
Aumps A	/ / /0	1 4 -	7.5 1	1	0	
Pertussis the lines of the	8 /B. A	/1	1 7	11	3	
Rubella ( ) ( ) ) ) ) ) )	A A Lo	1 1 . 9	0	0	<u>c</u> , j	
Rubella, Congenital	NAXYO		p	0	/ 0	
Salmonettosis	1 1 1 40	1 11	98	101	/112	
shigellosis	ALS18	/ // 54	15	39	<b>j</b> 31	
Streptococcus pneumoniae, Drug Resistant	1. A.A.8	46	42		40	
etanus		们,引作。	1-10	0	1 10	
oxoplasmosis	The strid	118 1 0	VIO	1. 1		
uberculosis *Provisional	N/A	/ // N/A	56	50	21 1 175	
yphoid Fever	APR JACK	ANIS	1/10	0	14 11/2	
/ibrio cholera Type O1	HI LO	17 A 170	1. St. 10		M Mo	NA A
/ibrio cholera Non-O1	12 100	1. TYC	{浸利 /o	1/1/10	2 12/16	LATE /
Vibrio, Other	5 . PO	1111-16	RADO	1/ 1/10	17 1 10	MAN / I
Vest Nile Fever	a de de la companya de la	LA STO	Rijo	El BIPO	A AK MO	NIN /



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\*Data on AIDS are provisional at the county level and are subject to edit checks by state and federal agencies.

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\*\* Data on tuberculosis are provisional at the county level.

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