

Epi Monthly

Florida Department of Health in Miami-Dade County

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Public Health LOOK OUT!

- May is **Mental Health Awareness Month**. Each year, millions of individuals face the barriers and challenges that mental illness welcomes into our everyday lives. Now, more than ever, becoming connected with our loved ones and the community is vital to mental health and overall well-being. Learn more about the burden of mental illness and resources available to help fight the stigma and advocate for [Mental Health Awareness!](#)
- May is **National Physical Fitness and Sports Month!** Physical activity saves lives and protects health by promoting healthy aging, lowering risk of chronic disease development, and improving cognitive and mental wellness. Being physically active is essential to improve health, overall quality of life and reduce healthcare costs. This Spring season, learn how you can safely stay active while social distancing with the [Move Your Way](#) campaign!
- In 1988, the World Health Organization designated **May 31** as **World No Tobacco Day** to raise awareness on the dangers of tobacco use and educate the public on their right to health and well-being. According to the CDC, the leading cause of preventable disease, disability and mortality in the United States remains cigarette smoking, which damages essentially every organ of the body. Learn how you can [Commit to Quit](#) today!

For the most recent information on COVID-19 in Florida please visit: <https://floridahealthcovid19.gov/>

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National Volunteer Week

APRIL 18 - 24, 2021

The Florida Department of Health in Miami Dade County wants to recognize the volunteers that provide their time and commitment to helping our community.

Our Volunteer Health Care Provider Clinics provide much of the needed medical care to the under-served population, and this achievement could not occur without such an incredible volunteer support network.

During FY 2019-2020, 26 community and faith-based clinics and organizations in Miami Dade reported:

- a total of 2,080 licensed health care professionals and 3,232 Eligibility and Referral Specialists volunteered in the program.
- 78,011 health care services to eligible individuals.

We look forward to the continued success of this network and are confident that together we will get through this challenging time.



Thank you for your kindness, compassion, and caring

Florida Department of Health in Miami-Dade County
Epidemiology, Disease Control, and Immunization Services
1350 NW 14th St, Annex Building
Miami, FL 33125
Phone: 305-470-5660
Fax: 305-470-5533
eFax: 786-732-8714





If you've had COVID-19, you should still get the vaccine because:

Experts don't know how long you're protected from getting COVID-19. It's possible—although rare—that you could be infected with the virus that causes COVID-19 again.



COVID-19 vaccines are safe and effective, but there are situations when you should wait to be vaccinated.

Learn more about CDC guidance for when you can be around others after having COVID-19. Visit [CDC.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html), or use your smart phone to scan the code.



- You're having COVID-19 symptoms.
- You're recovering from COVID-19 and had symptoms—wait until you've met CDC guidance for when you can be around others.
- You're recovering from COVID-19 and never had symptoms—wait until you've met CDC guidance for when you can be around others.
- You've had one dose of vaccine, but got infected before your second dose—get the second dose after you've met CDC guidance for when you can be around others.
- You were treated for COVID-19 with monoclonal antibodies or convalescent plasma—wait 90 days before getting a COVID-19 vaccine, and talk to your doctor if you're unsure about your treatment or if you have other questions about the vaccine.



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Florida
HEALTH

[FloridaHealthCOVID19.gov](https://www.FloridaHealthCOVID19.gov)



WHAT YOU CAN DO ONCE YOU HAVE BEEN FULLY VACCINATED

Activity	
Visit inside a home or private setting without a mask with other fully vaccinated people of any age	✓
Visit inside a home or private setting without a mask with one household of unvaccinated people who are not at risk for severe illness	✓
Travel domestically without a pre- or post-travel test	✓
Travel domestically without quarantining after travel	✓
Travel internationally without a pre-travel test depending on destination	✓
Travel internationally without quarantining after travel	✓
Visit indoors, without a mask, with people at increased risk for severe illness from COVID-19	✗
Attend medium or large gatherings	✗



cdc.gov/coronavirus

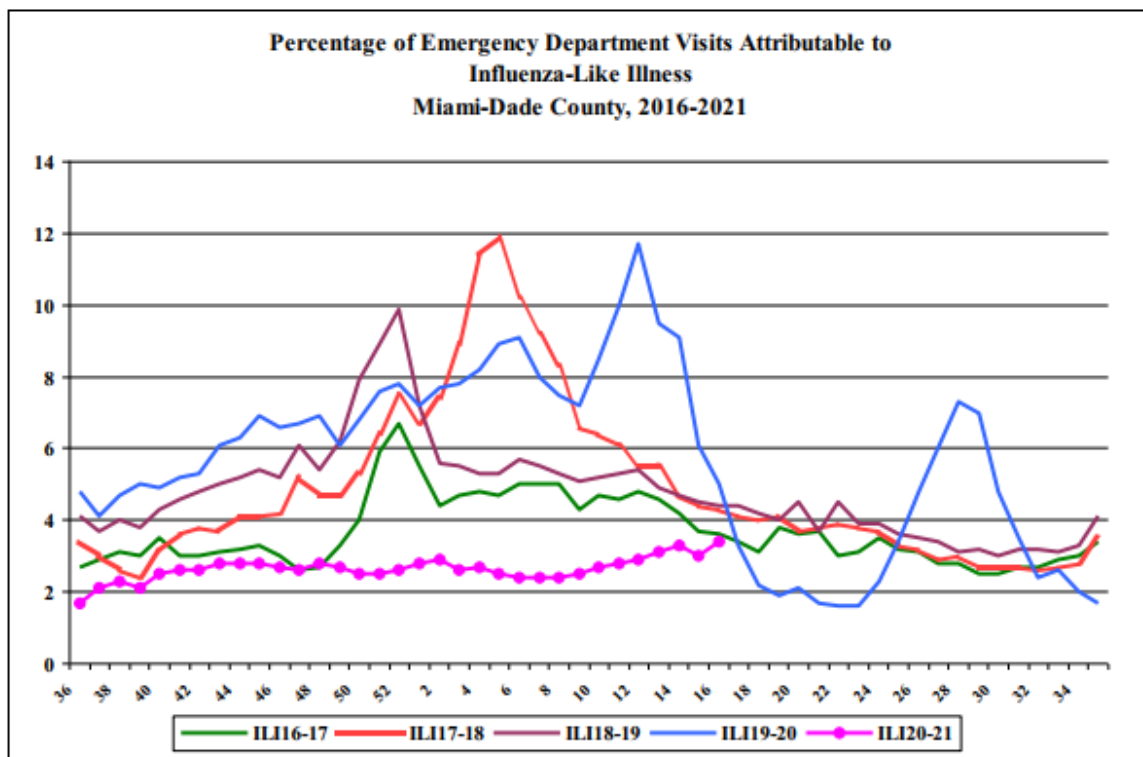
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Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2020-2021 data is compared to the previous 4 influenza seasons (2016-2017, 2017-2018, 2018-2019, 2019-2020).

Influenza-Like-Illness, All Age



Across all ages, there were 33,363 ED visits; among them 1,149 (3.4%) were ILI. During the same week last year, 5.0% of ED visits were ILI.

PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact
Stephanie Calle at 305-470-5660.



Miami-Dade County Monthly Report Select Reportable Disease/Conditions March 2021

Diseases/Conditions	2021 Current Month	2021 Year to Date	2020 Year to Date	2019 Year to Date
HIV/AIDS				
AIDS*	41	101	86	166
HIV	135	305	305	539
STD				
Infectious Syphilis*	35	124	129	111
Chlamydia*	1257	3418	3606	3521
Gonorrhea*	574	1564	1198	1090
TB				
Tuberculosis**	N/A	N/A	27	27
Epidemiology, Disease Control & Immunization Services				
Epidemiology				
Campylobacteriosis	50	111	147	189
Chikungunya Fever	0	0	0	0
Ciguatera Poisoning	0	0	3	10
Cryptosporidiosis	1	12	9	10
Cyclosporiasis	0	1	1	0
Dengue Fever	1	1	7	0
Escherichia coli, Shiga Toxin-Producing	7	11	24	21
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	13	24	26	29
Influenza, Pediatric Death	0	0	0	0
Legionellosis	4	7	6	12
Leptospirosis	0	0	0	0
Listeriosis	0	0	2	0
Lyme disease	0	0	3	0
Malaria	0	0	2	2
Meningitis (except aseptic)	2	3	3	2
Meningococcal Disease	1	1	0	1
Salmonella serotype Typhi (Typhoid Fever)	0	0	0	1
Salmonellosis	51	121	143	118
Shigellosis	3	16	54	70
Streptococcus Pneumoniae, invasive disease	1	5	29	0
Vibriosis	0	0	2	3
West Nile Fever	0	0	0	0
Zika Virus (non-congenital)	0	0	0	7
Immunization Preventable Diseases				
Measles	0	0	0	0
Mumps	1	1	1	4
Pertussis	0	0	7	7
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	1	1	21	34
Hepatitis				
Hepatitis A	0	3	7	9
Hepatitis B (Acute)	1	3	13	3
Healthy Homes				
Lead Poisoning	7	20	31	31

*Data is provisional at the county level and is subject to edit checks by state and federal agencies.

** Data on tuberculosis are provisional at the county level.

Data on EDC-IS includes Confirmed and Probable cases.



NATIONAL MINORITY HEALTH MONTH

#VaccineReady | April 2021



National Institute
on Minority Health
and Health Disparities



What's New at DOH-Miami-Dade:

- To find the nearest vaccine site near you by county and city please visit: floridahealthcovid19.gov
- To preregister for a vaccine and receive updates visit: myvaccine.fl.gov. Qualified individuals will receive notifications when vaccines are available in their area and receive assistance in scheduling an appointment.
- For more information on vaccines in Florida including the number of people vaccinated and updates on availability and prioritization please visit: floridahealthcovid19.gov

To report diseases and for information, call EDC-IS at:

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550

About the Epi Monthly Report

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Yoselin Garcia at (786) 582-2266 or Yoselin.Garcia@flhealth.gov.

