



# Epi Monthly

Florida Department of Health in Miami-Dade County

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## Public Health LOOK OUT!

- National Public Health Week (NPHW) is being celebrated April 6-12, 2020. While gatherings are discouraged at this time, there are still many ways to celebrate public health. For ideas on how to celebrate safely, please visit the [NPHW](#) website.
- [World Immunization Week 2020](#) takes place from April 24-30th. The theme this year is #VaccinesWork, focusing on how vaccines protect people of all ages from diseases in a successful and cost effective manner.
- April is also National Minority Health Month. This years theme is Active & Healthy; an effort to promote the benefits of physical activity. For more information and resources please visit the [Healthy People 2020's](#) site on social determinants of health.

For the most recent information on COVID-19 in Florida please visit:  
<https://floridahealthcovid19.gov/>

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Click the image to the left to watch the video.

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# COVID-19

## You tested positive—now what?

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### Stay home.

Home isolation and at-home care is what most people will need. Be sure to:

- Keep track of your symptoms.
- Get rest and stay hydrated.
- Ask your health care provider about pain and fever medication.
- Follow the Centers for Disease Control and Prevention's guidance for at-home care: [CDC.gov/coronavirus/2019-ncov/if-you-are-sick/](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/).



### Your Symptoms

#### Are your symptoms getting worse or better?

**Fever Cough Shortness of Breath**

If you think your symptoms are worse than a common cold or a mild flu, call your health care provider or emergency room—based on what you report, you may be asked to leave your home for medical care.



### Your Household

#### If you share your home, don't share COVID-19.

Stay away from other people and isolate in a room. If you have access to a bathroom only you can use, that would be ideal for the household. Everyone in the home should practice hand and face hygiene.

- Cover your coughs and sneezes with your inside elbow and a tissue—throw your tissue away.
- Wash your hands often with soap and water.
- Don't touch your face.
- Wear a facemask when taking care of someone who is sick.
- Don't share personal things and household items.
- Clean all "high-touch" surfaces—door knobs, counters, refrigerator handles—every day.



### People Outside of Your Household

#### If you've been in close contact with people outside of your home in the last 2 weeks, tell them you have COVID-19.

To stop the spread of COVID-19 in your community, share these tips:

- Stay home for 14 days starting with the day they last saw you.
- Practice social distancing: if they must leave home, keep at least 6 feet between themselves and others.
- Keep track of possible COVID-19 symptoms: fever, cough and shortness of breath.
- Find more information: [FLHealthCOVID19.gov](https://www.flhealth.gov/covid19) or [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus).



Florida Health Office of Communications 05-27-20

# 10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



3. **Get rest and stay hydrated.**



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



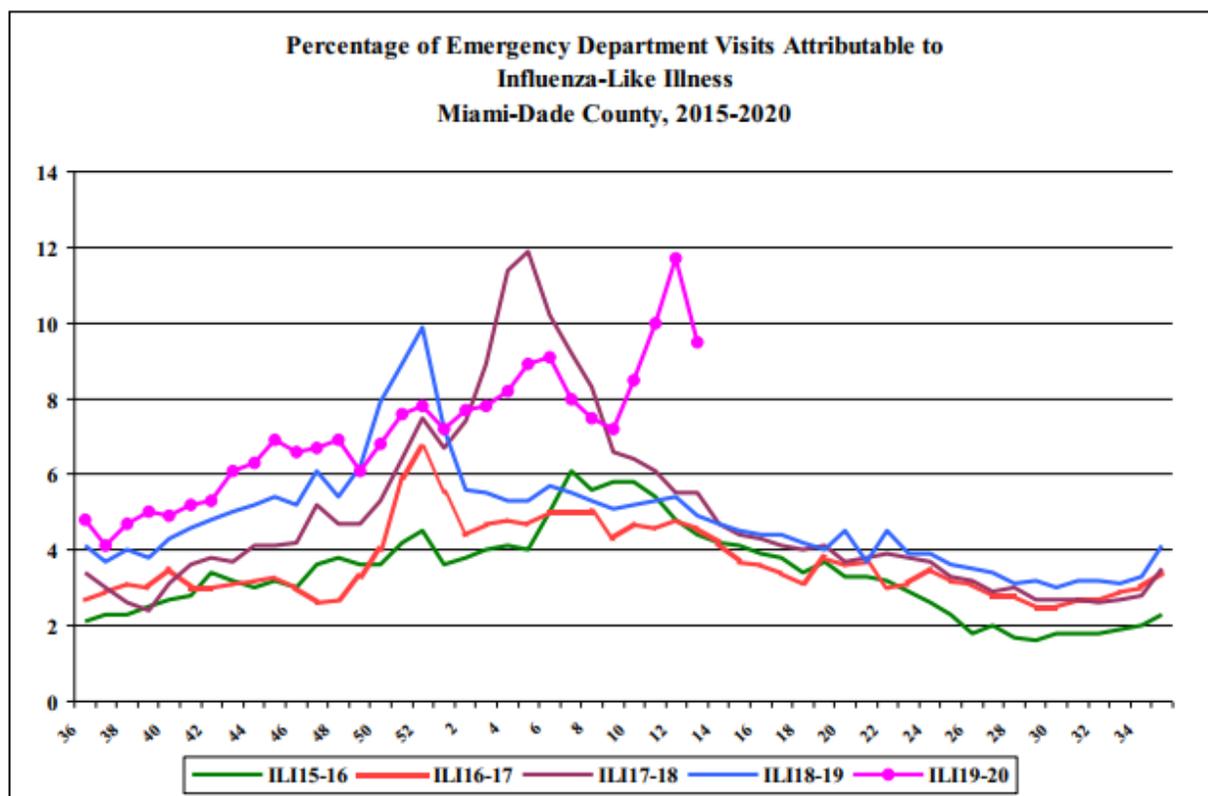
For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)  
<https://tinyurl.com/u7oyx4s>

# Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

## Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2019-2020 data is compared to the previous 4 influenza seasons (2015-2016, 2016-2017, 2017-2018, 2018-2019).

### Influenza-Like-Illness, All Age



Across all ages, there were 36,412 ED visits; among them 2,987 (8.2%) were ILI. During the same week last year, 5.3% of ED visits were ILI.

### PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

#### Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact  
**Stephanie Calle** at 305-470-5660.



# Miami-Dade County Monthly Report

## Select Reportable Disease/Conditions

### February 2020

Diseases/Conditions	2020 Current Month	2020 Year to Date	2019 Year to Date	2018 Year to Date
<b>HIV/AIDS</b>				
AIDS*	24	62	91	80
HIV	84	200	282	224
<b>STD</b>				
Infectious Syphilis*	35	84	80	68
Chlamydia*	1271	2390	2324	2087
Gonorrhea*	391	773	727	651
<b>TB</b>				
Tuberculosis**	N/A	N/A	14	12
<b>Epidemiology, Disease Control &amp; Immunization Services</b>				
<b>Epidemiology</b>				
Campylobacteriosis	62	101	124	103
Chikungunya Fever	1	1	0	0
Ciguatera Poisoning	2	2	8	4
Cryptosporidiosis	4	7	6	2
Cyclosporiasis	0	0	0	0
Dengue Fever	4	5	14	1
Escherichia coli, Shiga Toxin-Producing	8	20	18	16
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	8	16	17	10
Influenza Novel Strain	0	0	0	0
Influenza, Pediatric Death	0	0	0	0
Legionellosis	1	4	7	5
Leptospirosis	0	0	0	0
Listeriosis	0	0	0	1
Lyme disease	2	3	0	0
Malaria	1	2	0	4
Meningitis (except aseptic)	0	3	1	3
Meningococcal Disease	0	0	0	0
Salmonella serotype Typhi (Typhoid Fever)	0	0	1	1
Salmonellosis	48	100	83	61
Shigellosis	22	45	50	41
Streptococcus Pneumoniae, invasive disease	12	22	2	7
Vibriosis	1	2	3	0
West Nile Fever	0	0	0	0
Zika Virus (non-congenital)	0	0	3	7
<b>Immunization Preventable Diseases</b>				
Measles	0	0	0	0
Mumps	0	0	3	1
Pertussis	5	6	5	4
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	9	18	26	5
<b>Hepatitis</b>				
Hepatitis A	4	5	6	3
Hepatitis B (Acute)	7	12	2	4
<b>Healthy Homes</b>				
Lead Poisoning	9	17	23	34

\*Data is provisional at the county level and is subject to edit checks by state and federal agencies.

\*\* Data on tuberculosis are provisional at the county level.

Data on EDC-IS includes Confirmed and Probable cases.

**To report diseases and for information,  
call EDC-IS at:**

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550

**The COVID-19 Call Center is available  
24/7 | 1 (866) 779-6121 |  
COVID-19@flhealth.gov**

**About the Epi Monthly Report**

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Vanessa Villamil at 305-470-5643 or [vanessa.villamil@flhealth.gov](mailto:vanessa.villamil@flhealth.gov).

