They say a picture is worth a thousand words. . .

But caution is one word you should remember if you decide to get a henna tattoo.

That’s because PPD, a chemical approved for hair dye, may have been added to make your temporary art darker, last longer, and look more like a “real” tattoo. The mixture then becomes black henna which can cause nasty blisters and even permanent scarring.

Black henna can hurt you.
The lowdown on PPD

p-Phenylenediamine, also called PPD for short, is used in the production of certain plastics, rubber products, and many types of dyes and pigments, including hair dye. PPD is well known for causing allergic reactions in some people.

What is henna?

Henna is a brown to reddish brown dye made from the leaves of a plant found in North Africa and Asia. Since it typically produces a brown, orange-brown, or reddish-brown tint, other ingredients like PPD are added to produce colors such as those marketed as black henna. But the only legal use of PPD in cosmetics is as a hair dye. Henna is not known to cause allergic reactions but when mixed with PPD, the result could be real ugly.

What should I do if I have an allergic reaction to a temporary tattoo?

Anyone who has an itching and blistering reaction to a temporary tattoo should go to the doctor. In addition, you should report the injury by contacting the local County Health Department’s Environmental Health Division.

For more information please visit us at www.myfloridaeh.com

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