



# Diabetes Medical Management Plan/Treatment Authorization (DMMP)

School Year 20\_\_ - 20\_\_

Student's Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

School Name: \_\_\_\_\_ WL# \_\_\_\_\_ School Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

**CONTACT INFORMATION:**

Phone Numbers:

Parent/Guardian #1: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cellular: \_\_\_\_\_

Parent/Guardian #2: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cellular: \_\_\_\_\_

Physician/Healthcare Providers: \_\_\_\_\_ Phone #: \_\_\_\_\_

Other Emergency Contact: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cellular: \_\_\_\_\_

**EMERGENCY NOTIFICATION: Notify parent/guardian of the following conditions:**

*(If unable to reach parent/guardian, call the healthcare provider and emergency contact listed above.)*

- a. Loss of consciousness or seizure (convulsion) immediately after Glucagon given and 911 called.
- b. Blood sugars in excess of \_\_\_\_\_ mg/dL
- c. Positive urine ketones.
- d. Abdominal pain, nausea/vomiting, diarrhea, fever, altered breathing, slurred speech, or altered level of consciousness.

**MEALS/SNACKS:** Student can:  Determine correct portions and number of carbohydrate/serving.  Calculate carbohydrate grams accurately.

	<u>Time/Location</u>	<u>Food Content and Amount</u>		<u>Time/Location</u>	<u>Food Content and Amount</u>
<input type="checkbox"/> Breakfast	_____	_____	<input type="checkbox"/> Mid-afternoon	_____	_____
<input type="checkbox"/> Midmorning	_____	_____	<input type="checkbox"/> Before PE/Activity	_____	_____
<input type="checkbox"/> Lunch	_____	_____	<input type="checkbox"/> After PE/Activity	_____	_____

If outside food for party or food sampling provided to class: \_\_\_\_\_

**Date of Diagnosis:** \_\_\_\_\_; Diabetes  Type 1  Type 2

**BLOOD GLUCOSE MONITORING AT SCHOOL:**  Yes  No Type of Meter: \_\_\_\_\_

If yes, can student: Ordinarily perform own blood glucose checks?  Yes  No Interpret results?  Yes  No

Needs supervision?  Yes  No; If yes, describe the supervision needed: \_\_Glucose checks \_\_Interpret results \_\_Disposal of strips/sharps  
\_\_ Other: \_\_\_\_\_

**Student has been trained in blood glucose monitoring:**  Yes  No **Student is authorized to carry glucometer:**  Yes  No

Time to be performed: \_\_\_\_\_ Before breakfast \_\_\_\_\_ Before PE/Activity Time \_\_\_\_\_ After PE/Activity Time  
\_\_\_\_\_ Mid-morning (before snack) \_\_\_\_\_ Mid-Afternoon  
\_\_\_\_\_ Before lunch \_\_\_\_\_ \_\_\_\_\_ hours after meals  
\_\_\_\_\_ Dismissal \_\_\_\_\_ As needed for signs/symptoms of low/high blood glucose

Place to be performed:  Classroom  Clinic/Health Room  Other: \_\_\_\_\_

**Target Range for blood glucose:** \_\_\_\_\_ mg/dL to \_\_\_\_\_ mg/dL (optional)

**INSULIN DURING SCHOOL:**  Yes  No  Parent/guardian elects to give insulin needed at school.

If yes, can student: Determine correct dose?  Yes  No Draw up correct dose?  Yes  No Give own injection?  Yes  No

Needs supervision?  Yes  No; If yes, describe the supervision needed: \_\_Insulin calculation \_\_Insulin administration \_\_Disposal of sharps  
\_\_ Other: \_\_\_\_\_

**Student has been trained in the use of insulin:**  Yes  No **Student is authorized to carry and self-administer insulin:**  Yes  No

Student's Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Date: \_\_\_\_\_

# Diabetes Medical Management Plan/Treatment Authorization *(Continued)*

**INSULIN DELIVERY:**  Syringe/Vial  Pen  Pump; *Complete ADDITIONAL INFORMATION FOR STUDENT WITH INSULIN PUMP section, pg 3.*

**STANDARD DAILY INSULIN AT SCHOOL:**  Yes  No

Type: \_\_\_\_\_ Dose: \_\_\_\_\_ Time to be given: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Calculate insulin dose for carbohydrate intake:**  Yes  No

If yes use: \_\_\_ Humalog \_\_\_ Novolog \_\_\_ Other: \_\_\_\_\_

\_\_\_\_\_ # unit(s) per \_\_\_\_\_ grams carbohydrate

Add carbohydrate dose to correction of insulin dose: (Time) \_\_\_\_\_

**Comments:** \_\_\_\_\_

**Correction Dose of Insulin for High Blood Glucose:**

Yes  No; **If yes:** \_\_\_ Humalog \_\_\_ Novolog  
 \_\_\_ Other: \_\_\_\_\_ Time to be given: \_\_\_\_\_

**DETERMINE DOSE PER SLIDING SCALE BELOW:**

Blood Sugar	Insulin Dose
_____ - _____	_____
_____ - _____	_____
_____ - _____	_____
_____ - _____	_____
_____ - _____	_____

**EXERCISE, SPORTS, AND FIELD TRIPS:** Blood glucose monitoring and snacks as stated on page 1.

Quick access to: Sugar-free liquids, fast-acting carbohydrates, snacks, and monitoring equipment.

A fast-acting carbohydrate such as \_\_\_\_\_ should be available at the site.

Child should not exercise if blood glucose level is below \_\_\_\_\_ mg/dL OR if \_\_\_\_\_

**MANAGEMENT OF HIGH BLOOD GLUCOSE (Over \_\_\_\_\_ mg/dL)**

**Usual signs/symptoms for this student:**

- Increased thirst, urination, appetite
- Tired/drowsy
- Blurred vision
- Warm, dry, or flushed skin
- Frequent bathroom privileges

**Indicate treatment choices:**

- Sugar-free fluids as tolerated
- Check urine ketones if blood glucose over \_\_\_\_\_ mg/dL
- Notify parent if urine ketones positive.
- Nausea/Vomiting
- Other: \_\_\_\_\_

Refer to **INSULIN DELIVERY** section: "Correction Dose of Insulin for High Blood Glucose"

Other: \_\_\_\_\_

**MANAGEMENT OF LOW BLOOD GLUCOSE (Below \_\_\_\_\_ mg/dL)**

**Usual signs/symptoms for this student:**

- Change in personality/behavior
- Pallor
- Weak/shaky/tremulous
- Tired/drowsy/fatigued
- Dizzy/staggering walk
- Headache
- Rapid heartbeat
- Nausea/loss of appetite
- Clammy/sweating
- Blurred vision
- Inattention/confusion
- Slurred speech
- Loss of consciousness
- Seizures
- Other: \_\_\_\_\_

**Indicate treatment choices:**

*If student is awake and able to swallow, give \_\_\_\_\_ grams fast-acting carbohydrate such as:*

- 4oz. Fruit juice or non-diet soda *or*
- 3-4 Glucose tablets *or*
- Concentrated gel or tube frosting *or*
- 8 oz. (Skim) Milk *or*
- Other: \_\_\_\_\_

Retest Blood Glucose **10-15 minutes** after treatment.

Repeat treatment until Blood Glucose over \_\_\_\_\_ mg/dL.

Follow treatment with snack of \_\_\_\_\_ if more than 1 hour till next meal/snack or if going to activity (e.g., PE/Recess).

Other: \_\_\_\_\_

**IMPORTANT!!** *If the student is unable to eat or drink, is unconscious or unresponsive, or is having seizure activity or convulsions (jerking movements):*

Call 911 immediately and notify parents/guardian *and give:*

Glucagon  ½ mg or  1 mg dose should be given by trained personnel. Route:  SC  IM

Site for glucagon injection:  arm  thigh  Other: \_\_\_\_\_

Glucose gel 1 tube can be administered inside cheek and massaged from outside while waiting for help to arrive, or during administration of Glucagon by any trained staff member at scene.

***Student should be turned on his/her side and maintained in this "recovery" position till fully awake.***

Student's Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Date: \_\_\_\_\_

# Diabetes Medical Management Plan/Treatment Authorization *(Continued)*

**OTHER ROUTINE DIABETES MEDICATIONS AT SCHOOL:**  Yes  No; If yes, include name of medication, dose, time, route, and possible side effects: \_\_\_\_\_

## ADDITIONAL INFORMATION FOR STUDENT WITH INSULIN PUMP

Brand/Model of pump: \_\_\_\_\_ Type of insulin in pump: \_\_\_\_\_

Basal rates during school: \_\_\_\_\_

Type of infusion set: \_\_\_\_\_

- For blood glucose greater than \_\_\_\_ mg/dL that has not decreased within \_\_\_\_ hours after correction, consider pump failure or infusion site failure. Notify parents/guardians.
- For infusion site failure: Insert new infusion set and/or replace reservoir.
- For suspected pump failure: Suspend or remove pump and give insulin by syringe or pen.

**Physical Activity:**

- May disconnect from pump for sports activities:  Yes  No
- Set a temporary basal rate:  Yes  No \_\_\_\_% temporary basal for \_\_\_\_ hours
- Suspend pump use:  Yes  No

**Student's self-care pump skills: Independent?**

- |   |  |
|---|--|
| Count carbohydrates                             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Bolus correct amount for carbohydrates consumed | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Calculate and administer correction bolus       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Calculate and set basal profiles                | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Calculate and set temporary basal rate          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Change batteries                                | <input type="checkbox"/> Yes <input type="checkbox"/> No |

**Student's self-care pump skills: Independent?**

- |                                      |  |
|--------------------------------------|--|
| Disconnect pump                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Reconnect pump to infusion set       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Prepare reservoir and tubing         | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Insert infusion set                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Troubleshoot alarms and malfunctions | <input type="checkbox"/> Yes <input type="checkbox"/> No |

**PHYSICIAN AUTHORIZATION:** I am aware that this medication may be administered by school personnel/non-medical staff.

\_\_\_\_\_  
*Physician's Name (PLEASE PRINT/STAMP)*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

**PARENT/GUARDIAN PERMISSION:** I understand that:

- This Diabetes Medical Management Plan/Treatment Authorization (DMMP) form is valid for this school year only and must be renewed each school year.
- Any changes in the medication, dosage, or frequency of treatment will require a new DMMP form to be completed.
- Medications/equipment must be in original container and labeled to match physician's order for school use.
- The parent is responsible for providing medication(s) and supplies as needed.
- The parent will utilize the posted lunch menu to guide meal planning and carbohydrate counting with child.

I grant the principal or his/her designee or a licensed nurse (RN/LPN) permission to assist with or perform the administration of each prescribed medication, including insulin either by injection or pump, and treatments/procedures for my child during the school day. This includes when he/she is away from school property for official school events. I have reviewed, understand and agree with the medications/treatments prescribed by the physician/healthcare provider on this form. It is my responsibility to notify the school if there is a change in the medication/treatment plan prior to its expiration date.

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SCHOOL NURSE/OTHER QUALIFIED HEALTH CARE PERSONNEL:**

*Note: Nonmedical assistive personnel shall be allowed to perform health-related services upon successful completion of child-specific training by a registered nurse (FL Statute 1006.062(4) and School Board rule 6GX13-5D-1.021).*

**Acknowledged and received by:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Student's Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Date: \_\_\_\_\_