



Asthma Individualized Healthcare Plan (IHCP)

Student: _____ ID#: _____ DOB: _____

Grade: _____ Teacher: _____ School Year: _____

Student's Secondary Health Concerns: _____

Nursing Diagnoses: Knowledge Deficit Related to Disease Management & Prescribed Treatment Regimen (NANDA 00126)
 Ineffective Airway Clearance (NANDA 00031)

Student Goal(s): Student Will Demonstrate Understanding of the Disease Process and Management
 Student will Maintain Effective Airway Clearance

Ratings: 1- No Knowledge, 2- Limited, 3- Moderate, 4- Substantial, 5- Extensive Knowledge (Circle One)

Date: _____ Date: _____ Date: _____ Date: _____

Student Knowledge: Disease Process

Able to Describe Common Signs & Symptoms of the Disease	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Able to Describe Cause , Contributing Factors and triggers.	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Describe Potential Complication of Disease	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Verbalizes Lifestyle Changes that may be Required to Prevent Future Complications and/or Control the Disease Process	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

Student Knowledge: Asthma Management

Knowledge of Treatment Regimen & compliance	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Knows Importance of Continual Access to inhaler	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Verbalizes understanding on when to Use Prescribed Medication	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Knows When to Seek Medical Attention/Emergency Treatment	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Understands treatment effectiveness	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Routinely monitor expiration date	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

Medication Administration

Identification & Correct Name of Medication	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Correct Use of Prescribed Medication (Correct Dose, Time, Route)	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Able to Verbalize Medication Side Effects	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Performance & Evaluation of Procedure	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Confidence Performing Needed Task	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

Ratings: 1- Severely Compromised, 2- Substantially, 3- Moderately, 4- Mildly, 5- Not Compromised, N/A- Not Applicable (Circle One)

Student Health Status

Physical Health	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Mental Health	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
School Attendance	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Readiness to Learn	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Participation In Physical Activities	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A
Healthy Dietary Habits	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A	1 2 3 4 5 N/A

Completed by:	Completed by:	Completed by:	Completed by:
_____	_____	_____	_____
Nurse's Signature:	Nurse's Signature:	Nurse's Signature:	Nurse's Signature:
_____	_____	_____	_____

Additional Notes: _____



**Florida Miami Dade DOH School Health Program
Roles & Responsibilities: Asthma**

Student: _____ ID#: _____
 Grade: _____ DOB: _____ Teacher: _____
 Parent/Guardian Name(s) _____ School Year: **2019-2020**

School Responsibilities/Agreements	Family Responsibilities/Agreements	Student Responsibilities/Agreements
1. Medication & Supplies Kept: Circle below where applicable- Clinic Main Office Classroom Student Book Bag Other: _____	1. Provide medication & supplies for school site. Pick up and replace any expired medication. Med Name & Exp. Date: _____ Med Name & Exp. Date: _____	1. Report any early signs/symptoms of asthma to school staff.
2. UAP to administer medications per MDCPS training (review action plan, recognize symptoms & respond): _____ _____	2. Keep school staff informed of any changes in student condition, medications and updated emergency contact information. Any change in medication regimen requires new medication forms.	2. If applicable, carry asthma medication as directed by physician.
3. Staff to contact 911/Parent/Guardian in case of an emergency: <u>Administration</u>	3. Available to accompany student on field trip and carry asthma medication.	3. Demonstrate competence in the use of asthma medication.
3. Staff to direct EMS to the emergency: <u>Administration & Security</u>	4. If applicable, check student is carrying asthma medication as directed by physician.	
4. CPR certified staff: _____ _____	5. Pick up any unused medication at the end of the school year.	
5. Security/Teacher to carry school two-way radio and/or have emergency intercom access		
6. Substitute Teacher Instructions: <u>Copy of Action Plan on Lesson Plan</u>		

Parent/Guardian Signature

Date

Principal or School Administration Designee Name

Date

School Nurse

Date



School Health Program

Student Asthma Checklist

Student Name: _____

ID#: _____

School Nurse: _____

Date: _____

The student has demonstrated understanding and competency consistently to:

SKILLS	YES	NO	COMMENTS
1. Identify asthma triggers			
2. Identify signs and symptoms of asthma episode or early distress			
3. State knowledge of medication: A. Correct name and expiration date B. Side effects C. Adverse reactions D. Appropriate use of medication per order E. Appropriate use of equipment/device(MDI, inhaler, flow meter and nebulizer)			
4. Understands the importance to alert staff of poor response to self-administered medication			
5. State the need to call 9-1-1			

The student agrees to follow the safety precautions with medication compliancy and report any signs distress.

Student Signature _____

Date: _____

Parent Name/Signature _____

Date _____

I hereby acknowledge that the student listed above has demonstrated all the above listed skills.

School Nurse Signature _____

Date _____

Review Dates: _____



Asthma Skills Checklist for Delegation to Unlicensed Assistive Personnel (UAP)

Student Name: _____ DOB: _____ Grade: _____

Person Trained: _____ Position: _____

School Nurse: _____ School Year: _____

Instructions: Place an X over entire area of Medication/Equipment not applicable to student
 Ratings: Y- Yes, N- No, N/A- Not Applicable (Circle One)

Training & Return

Demo Date

Monitoring Date

Monitoring Date

Metered-Dose Inhaler (MDI)/Autohaler

	Y	N	N/A	Y	N	N/A	Y	N	N/A
Identifies & States Name of MDI									
States the Purpose for use of MDI									
States Symptoms of Asthma Attack									
States Location of Medication & Emergency Care Plan									
Follows procedure for use of MDI									
Identifies and correct problems with technique									
Assesses response to medication									
Responds appropriately to poor response to medication									

Valved Chamber/Spacer

Identifies & States Name of Spacer									
Follows procedure for assembly of inhaler with spacer									
States the Purpose for use of Spacer									
Identifies and correct problems with technique									

Compressor/Nebulizer/Inhalation Solution

Identifies & States Name of Inhalation Solution/Nebulizer									
States the Purpose for use of Inhalation Solution/Nebulizer									
Follows procedure for assembly of Nebulizer									
States Symptoms of Asthma Attack/Need for Medication									
States Location of Medication & Emergency Care Plan									
Follows procedure for use of Inhalation Solution/Nebulizer									
Identifies and correct problems with technique									
Assesses response to medication									
Responds appropriately to poor response to medication									

Nurse's Signature	Nurse's Signature	Nurse's Signature
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_____	_____	_____
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UAP Signature	UAP Signature	UAP Signature
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Nurse's Signature	Nurse's Signature	Nurse's Signature
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_____	_____	_____
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UAP Signature	UAP Signature	UAP Signature
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_____	_____	_____
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8020 & 8080
Child-Specific Training for School Staff

School: _____

Student: _____ **Date** _____

ID # _____

DOB: _____

Health Condition: _____

Teacher Name	Subject	Signature	Level 2	Level 3

School Nurse: _____