

GIVE YOUR FAMILY A HEALTHY START

**RAISING A FAMILY CAN BE CHALLENGING.
MIAMI-DADE WIC IS HERE TO HELP.**

WIC offers a variety of services designed to help you and your family live a healthy life.

HOW CAN WIC HELP MY FAMILY?

- Personalized nutrition counseling.
- Breastfeeding support and education.
- Free, healthy food.
- Health care referrals.

HOW TO APPLY?

Call 786-336-1300 to schedule your WIC appointment at any of the 15 WIC locations in Miami-Dade County.

WHO IS ELIGIBLE?

- Pregnant women.
- Women breastfeeding an infant up to the infant's first birthday.
- Postpartum women up to six months after delivery or end of pregnancy.
- Infants and children up to their fifth birthday.

We welcome migrant families, fathers, supportive partners, military families, foster parents and legal guardians with eligible children.

Applicants must live in Florida and be income-eligible. Legal residency or citizenship is NOT required to participate in the Florida WIC Program.

FOR MORE INFORMATION VISIT US AT MIAMIDAEWIC.ORG

MIAMIDAEWIC.ORG



WIC APPOINTMENTS

786-336-1300

BREASTFEEDING HELPLINE

786-336-1336

MIAMIDAEWIC.ORG

Download the Florida WIC App

Available in the Apple Store and Google Play.

- ✓ Check Appointments
- ✓ View Food Benefits
- ✓ Upload Documents
- ✓ UPC Scan
- ✓ WIC Locations and more...

This institution is an equal opportunity provider.



FLORIDA DEPARTMENT OF HEALTH IN MIAMI-DADE COUNTY
2024 WIC PROGRAM LOCATIONS AND CONTACT INFORMATION

TO MAKE A WIC APPOINTMENT:

Phone: 786-336-1300
Mon-Fri: 7:15 a.m. – 5 p.m.

FOR BREASTFEEDING HELP:

Phone: 786-336-1336
Available 24/7: Monday-Friday, 8 a.m. – 5 p.m., live agent. Voicemail answered nights, weekends and holidays

MIAMI-DADE WIC OFFERS APPOINTMENTS IN-PERSON AND VIRTUALLY (FOR SELECT SERVICES). PLEASE CONTACT US TO FIND OUT YOUR ELIGIBILITY AND OPTIONS.

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| <p>HOMESTEAD/FLORIDA CITY WIC CENTER 753 West Palm Drive Florida City, FL 33034 Mon-Fri: 8 a.m. – 5 p.m. Phone: 305-242-2459</p> | <p>WEST DADE WIC CENTER 11865 S.W. 26th St., Unit # J-6 Miami, FL 33175 Mon-Fri: 7 a.m. – 5 p.m. Phone: 305-225-5921 <i>*New location coming soon</i></p> | <p>HIALEAH WEST WIC CENTER 551 W. 51st Place, 3rd FL Hialeah, FL 33012 Mon-Fri: 7 a.m. - 5 p.m. Phone: 305-364-3119</p> |
| <p>PERRINE WIC CENTER 18255 Homestead Ave., Perrine, FL 33157 Mon-Fri: 7:30 a.m. – 4:30 p.m. Phone: 305-278-1090</p> | <p>FW & JUANITA MANN WIC CENTER 2520 N.W. 75th St., Miami, FL 33147 Mon-Fri: 7:30 a.m. – 5 p.m. Phone: 305-694-2935</p> | <p>CAROL CITY WIC CENTER Las Villas Plaza 4737 N.W. 183rd St., Carol City, FL 33055 Mon-Fri: 8 a.m. – 5 p.m. Phone: 305-628-7294</p> |
| <p>GOULDS WIC CENTER 10300 S.W. 216th St., Goulds, FL 33190 Tues-Fri: 8 a.m. – 5 p.m. Phone: 305-252-4459</p> | <p>UNITY WIC CENTER 1490 N.W. 27th Ave., 2nd FL Miami, FL 33125 Mon-Fri: 7:30 a.m. – 4:30 p.m. Phone: 305-637-2294</p> | <p>LITTLE RIVER WIC CENTER 300 N.E. 80th Terrace Miami, FL 33138 Mon-Fri: 8 a.m. – 5 p.m. Phone: 305-795-2010</p> |
| <p>SOUTH MIAMI WIC CENTER 6601 S.W. 62nd Ave., South Miami, FL 33143 Tues-Fri: 7:30 a.m.– 4:30 p.m. Phone: 305-669-6922</p> | <p>UNIVERSITY WIC CENTER 11865 S.W. 26th St., Unit # J-6 Miami, FL 33175 Mon-Fri: 7:30 a.m. – 4:30 p.m. Phone: 305-222-4155 <i>*Temporary location as of 4/1</i></p> | <p>RAFAEL PENALVER WIC CENTER 971 N.W. 2nd St., Miami, FL 33128 Mon-Fri: 7:30 a.m.– 4:30 p.m. Phone: 305-545-6032</p> |
| <p>NARANJA COMMUNITY HEALTH WIC CENTER 13805 S.W. 264th St., Naranja, FL 33032 Tues - Fri: 8:30 a.m. - 5 p.m. Phone: 305-257-0720</p> | <p>JACKSON MEMORIAL HOSPITAL WIC CENTER Park Plaza West Garage, G-101 1611 N.W. 12th Ave., Miami, FL 33136 Mon-Fri: 8 a.m. – 5 p.m. Phone: 786-336-7935</p> | <p>NORTH MIAMI BEACH WIC CENTER 16855 NE 2nd Ave., Suite 205 Miami, FL 33162 Mon-Fri: 7:30 a.m. – 5 p.m. Phone: 305-787-0511</p> |

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HEALTHY FOOD | NUTRITION COUNSELING | BREASTFEEDING EDUCATION | REFERRALS

VISIT US AT MIAMIDADEWIC.ORG

